



COVID-19 Traveller Quarantine Instructions

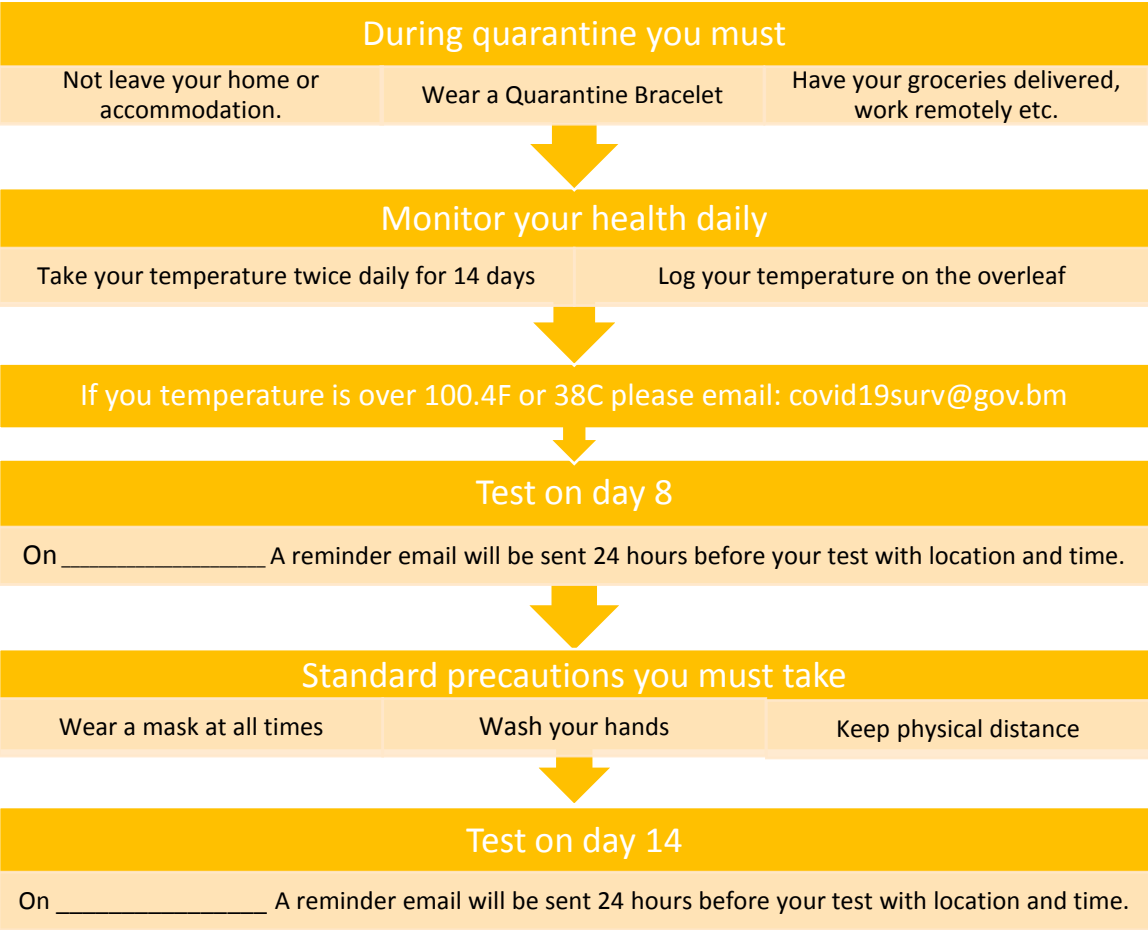
Welcome to Bermuda! Please review the quarantine instructions below that you must follow while you are in Bermuda as Per the **Quarantine Act 2017** s.11 and the **Quarantine (COVID-19)(No.3) Order 2020**, failure to comply may result in a fine of **\$25,000 and/or imprisonment for up to 6 months.**

Your Instructions Today

You do not have a Pre-departure COVID-19 Test
*(Adults and children 10 and older)**

Quarantine at home until you receive a negative result from your day-8 test
Only leave your home to attend testing.
All testing locations and times will be booked for you
**Children 9 and younger must quarantine with a parent or guardian*

During your Stay



Frequently Asked Questions





























- All of your PCR COVID-19 testing appointments for day 8 and 14 are booked upon arrival. If one of the testing days is also your departure day, you do not need to test that day.
- While the above protocols hopefully capture most of the information required, we know there are specific circumstances that may arise.
- We hope we have answered your questions in our Traveller Frequently Asked Questions at www.gov.bm/coronavirus-travellers
- For more health information or assistance with rescheduling your appointments, please call the COVID-19 hotline at 444-2498 between 9 am – 9 pm

Positive COVID-19 Result

If a traveller becomes COVID-19 positive, is a close contact of a positive person, is symptomatic, or if a traveller is clinically diagnosed at any point, they will be isolated at their accommodation for up to 14 days.

Symptom and Temperature Log

Complete this log daily for 14 days after you arrive in Bermuda

DAY	DATE	SYMPTOMS	TEMP
DAY 0		Day 0 is the day you arrived in Bermuda.	
DAY 1		 	
DAY 2		 	
DAY 3		 	
DAY 4		 	
DAY 5		 	
DAY 6		 	
DAY 7		 	
DAY 8		 	
DAY 9		 	
DAY 10		 	
DAY 11		 	
DAY 12		 	
DAY 13		 	
DAY 14		 	

If you get sick, inform your healthcare provider.

Tell them your symptoms and that you are under self-quarantine. You should also inform the person responsible for your public health monitoring when you are contacted.

If you have a medical emergency, call 911. Tell them your symptoms and that you are under self-quarantine.