

# COVID-19 VACCINE

## THE VACCINATION PROCESS

### YOUR APPOINTMENT

Once your appointment has been confirmed, you will receive an email confirming the day and time of your appointment, and the location of your Vaccination Centre. Directions to the Vaccination Centre will be included.

Please note: if you have travelled in the last 14 days, you must wait for a negative day 14 test result before you receive the COVID-19 Vaccine. Contact the Vaccine Hotline to reschedule your appointment.

### IF YOU HAVE TO CANCEL OR CHANGE YOUR APPOINTMENT

Every dose of the vaccine is extremely important and if you are suddenly unavailable for your appointment, please call the Hotline at 444-2498 and select Option #2, or email [vaccine@gov.bm](mailto:vaccine@gov.bm), as soon as possible so your appointment can be filled by somebody else who needs it. This simple step could save someone's life.

### BEFORE YOU ARRIVE

Please review the Vaccine Information and Consent Form by clicking on the link on the email confirming your appointment or visit [www.gov.bm/vaccines](http://www.gov.bm/vaccines)

### WALK-INS

Vaccinations are only given to residents who have a confirmed appointment and NONE of the Vaccination Centres are open to walk-in traffic.

### ON THE DAY

Wear clothing that is easily rolled-up or exposes your upper arm. The vaccine is administered in the upper arm.

We do ask that if you are experiencing any COVID-19 symptoms prior to your scheduled appointment, please call the Hotline at 444 2498 selecting Option 2, to cancel your appointment. You will be re-scheduled once you have been tested and receive a negative test result.

### ARRIVAL

Please do not arrive more than 15 minutes before your scheduled appointment time.



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## TRAFFIC FLOW / PARKING

Directions for access and parking are included with the email confirming your appointment.

## THE PROCESS (FIRST VACCINATION)

The Vaccination Centre has been designed based on international medical best practice, and has been laid out to ensure patient comfort and safety.

The vaccination process will take between 20 and 30 minutes and consists of the following.

1. Upon entry, you will be required to provide identification (a Bermuda Driver's License or proof of residency) and your temperature will be taken.
2. You will be given a Consent Form with your personal details
3. You will be directed to the next station where your details will be checked to ensure they are correct in our system.
4. You will be directed to a Vaccination Booth where a trained medical professional will confirm your personal details are accurate and complete, ask additional questions, provide any additional information on the vaccine that you request, and administer the vaccine;
5. Upon confirmation of the vaccination, you will be automatically booked for the second vaccination appointment. You will receive an email confirmation.
6. You will then receive a signed Vaccination Certificate;
7. You will be directed to an observation area where you will be asked to sit and relax for 15 minutes. This is to ensure you do not have an allergic reaction to the vaccine.

## SIDE EFFECTS AND RISKS THAT MAY OCCUR

With any vaccine, there is a chance of side effects and allergic reactions. These are usually mild and go away on their own, but serious reactions are also possible. Most people who have received the vaccine do not have any problems. Minor reactions following vaccination can include:

- Soreness or redness and itching where the shot was given;
- Headache, tiredness, muscle aches and chills; and
- Joint pain, fever, nausea and feeling unwell.

If these reactions occur, they usually begin soon after the shot and last 1 or 2 days. Side effects have been more commonly reported after the 2nd shot.



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## SIDE EFFECTS AND RISKS THAT MAY OCCUR (CONTINUED)

Signs of a severe allergic reaction can include hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, and weakness.

These would usually start a few minutes to one hour after the vaccination. If you have a severe allergic reaction such as difficulty breathing or face swelling, contact your doctor immediately or call 911.

The Department of Health monitors vaccine reactions. If you have any kind of adverse reaction, please contact the Department of Health's Epidemiology and Surveillance Unit at 278-6503.

Please note that there are trained medical personnel available to answer questions you may have. In the extremely rare situation of an adverse allergic reaction, while in the observation area, the medical personnel have access to all appropriate equipment and supplies and will be able to take the appropriate actions to ensure your safety.

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