

From: [covid19casemanagement@gov.bm](mailto:covid19casemanagement@gov.bm)

Subject: GOVERNMENT OF BERMUDA: COVID-19 Test Result Notification

Dear <patient name>,

This is a notification from the Government of Bermuda's contact tracing team regarding the following test:

**COVID-19 PCR Test ID:** <test ID number>

**Test conducted on:** <test date>

**Your COVID-19 PCR test result is positive.**

In accordance with the Public Health Act 1949 and Public Health (COVID-19) Regulations 2020, you must follow the Public Health Measures for positive COVID-19 test:

**1) Isolate Immediately:  
Isolation**

- You are directed by the Chief Medical Officer to isolate:
  - If you are fully immunized (2 doses + 2 weeks) your isolation is 10 days from your test date. A negative COVID-19 test is required on day 10 or after to be released.
  - IF you are NOT immunized your isolation is 14 days from your test date. A negative COVID-19 test is required on Day 14 for release.
- Isolation requires you to stay home and separate yourself from all other persons (including household members).
- You must not allow visitors into your home

**COVID-19 Testing and Release from Isolation or quarantine**

- Release from isolation requires you to have a negative COVID-19 test:
  - on day 10 if fully Immunized,
  - on day 14 if NOT immunized.
- Your close contacts are required to have a negative COVID-19 test on their last day of quarantine.
- Having a negative test **before** the end day of isolation will not release you sooner.
- Please speak with your doctor about getting tested on your isolation release day. Alternatively, you can arrange for testing through the Bermuda Government testing sites by booking your test at <https://bdagovcovid.resqwest.com/web/>
- Priority for testing will be given to cases and close contacts.
- If you test positive on your release day test, please continue to isolate and contact [covid19casemanagement@gov.bm](mailto:covid19casemanagement@gov.bm) so that they can book priority follow up tests for you.

## 2) Inform the Ministry of Health if you live in /work at/have been in a “high risk” setting such as:

- Hospitals, and other healthcare settings, nursing homes
- Correctional and detention facilities
- Child-care facilities, schools, and **Bermuda College**
- **Essential services such as Fire and Rescue, Police, Customs, Bermuda Government**
- Events or large gatherings such as weddings or funerals.

If you live in/work at/have been in one of the settings above, please email [covid19casemanagement@gov.bm](mailto:covid19casemanagement@gov.bm) . If you were not in a high-risk setting, you do not need to email.

## 3) Disclose your close contacts:

- You are required to:
- Identify and notify all persons you have been in **close contact** with that they must separate from others since they were last in close contact with you
    - If unvaccinated, for **14** days
    - If vaccinated, for **10** days
  - **A Close contact** is a person who has touched you (e.g., for a hug) or has been closer than 6 feet from you for 15 minutes or more:
    - 2 days before your positive COVID-19 test if you have no symptoms, or
    - If you have symptoms, 2 days before your symptoms started.
  - 2 days before your positive COVID-19 test if you have no symptoms, or
  - If you have symptoms, 2 days before your symptoms started.
  - For children who are close contacts, the child’s main caregiver(s) and close contacts within the home, who cannot separate from the child (separate bedroom and bathroom, no common spaces), must also remain at home.
  - Please complete the form at the following link to provide information regarding your close contacts: <https://forms.gov.bm/contact-tracing>

## 4) Notify others of a potential exposure using WeHealth

- If you have the WeHealth app on your phone, anonymously notify other app users of a possible exposure if they were near you, so that they can go and get tested if necessary.
- Should you receive a high or low risk exposure notification on your WeHealth app, you must legally abide by the instructions in the exposure notification as these are based on the Ministry of Health guidance as required by the Public Health (COVID-19) Regulations 2020.

## Offences

It is an offence if you fail to comply with a restriction or requirement imposed under these Regulations:

[http://www.bermudalaws.bm/laws/Annual%20Laws/2020/Statutory%20Instruments/Public%20Health%20\(COVID-19\)%20Regulations%202020.pdf](http://www.bermudalaws.bm/laws/Annual%20Laws/2020/Statutory%20Instruments/Public%20Health%20(COVID-19)%20Regulations%202020.pdf)