Long Term Care Symposium 2016

Developing a one-year LTC Action Plan under the Bermuda Health Strategy 2014-2019

3rd December 2016, 8.30am – 11.30am
Held at Bermuda Underwater Exploration Institute

Ministry of Health and Seniors
Government of Bermuda
Welcome

Welcome to the Long Term Care Symposium. The purpose of the symposium is to present the draft one-year Long Term Care Action Plan, under the Bermuda Health Strategy 2014 – 2019. The symposium will explain the background, outline the actions planned, invite feedback and provide next steps. The symposium aims to share the draft action plan with key stakeholders to seek feedback and endorsement prior to finalizing and publishing. The action plan meets a 2016 Throne Speech initiative.
AGENDA

1. Welcome
2. Opening Minister of Health and Seniors, the Hon. Jeanne J. Atherden, CA, CPA, JP, MP
3. LTC Action Plan Overview
4. Panel Discussion and Questions
   a. Quality
   b. Education and Workforce Development
   c. Policy & Regulation
   d. Financing
   e. Advocacy and Communication
5. Next steps
Panel Discussion

The panel discussion will focus on each action area at a time first, followed by open questions.

Panel Members

- **Dr Jennifer Attride-Stirling**, Ministry of Health and Seniors
- **Keeona Belboda**, Ageing and Disability Services Manager
- **Claudette Fleming**, Age Concern Director
- **Nadine Lapsley-Dyer**, Bermuda National Standards Committee Manager
- **Rosheena Masters**, Lefroy House Administrator
- **Tinee Furbert**, Disability Advisory Council Chairman
- **Sarah D’Alessio**, Ministry of Health and Seniors Policy Analyst
- **Dr Alec Bush**, Bermuda Hospitals Board
- **Dr Ricky Brathwaite**, Bermuda Health Council
LONG TERM CARE SYMPOSIUM

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3rd December 2016, 8.30am – 11.30am
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MINISTER OF HEALTH & SENIORS

The Hon. Jeanne J. Atherden, CA, CPA, JP, MP
THE LONG TERM CARE ACTION PLAN

Jennifer Attridge-Stirling, PhD
Permanent Secretary

Why are we here?

- Ageing strategy vs Long term care strategy?
  - A decades-long debate
- Need for strategic direction
- Need to coordinate actions of various stakeholders
Overview of LTC Action Plan

- Background and purpose
- Context
- Situational analysis
- Policy direction
- Action plan initiatives
- Governance arrangements

Context

- Ageing Population
- Disabilities (physical & cognitive)
- Evolving family dynamics
- Long Term Care
GOAL 7: Implement strategies to meet the long term care needs of seniors and persons with chronic illnesses, and physical, cognitive or mental disabilities to better provide for the needs of vulnerable populations and manage costs.

**Definition of long term care**

A range of services required by persons with a reduced degree of functional capacity, physical or cognitive, and who are consequently dependent for an extended period of time on help with basic activities of daily living (ADL). This personal care component is frequently provided in combination with help with basic medical services such as nursing care (help with wound dressing, pain management, medication, health monitoring), as well as prevention, rehabilitation or services or palliative care. Long term care services can also be combined with lower-level care related to domestic help or help with instrumental activities of daily living (IADL).
What are the range of services provided?

**Personal care.**

- MEAL PREPARATION
- HOUSEHOLD CHORES
- BATHING & DRESSING
- RUNNING ERRANDS

**PERSONAL CARE.** Also known as Activities of Daily Living, or ADLs; includes the normal activities required for you to live at home.

**Skilled care.**

- NURSING
- PHYSICAL THERAPY
- OCCUPATIONAL THERAPY
- MEDICATION MANAGEMENT

**SKILLED CARE.** Includes home-based health services provided by professionals. Services are based on your individual needs and designed to help you live at home safely.

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It’s not just about beds

![Home care illustration](image)

![Home care environment](image)
Situational analysis

- Population
- Financial means
- Formal home care
- Institutional capacity
- Informal caregivers
- Unmet need
- Prevention

LTC Action Plan

A one-year framework to work towards achieving goal 7 of the Bermuda Health Strategy

- **Vision**: Quality of life throughout the life cycle
- **Mission**: To develop a long term care system that provides a continuum of care focused on caring for seniors and persons with disabilities in the right setting and at the right time to ensure quality of life and financial sustainability

- Focused on 5 action areas:
  1. Quality
  2. Education and Workforce Development
  3. Policy and Regulation
  4. Financing
  5. Advocacy and Communication

- Next: A three to five year action plan
Founding Assumptions

- **Aim** is to ensure persons can enjoy quality of life and active healthy ageing, and age at home as much as possible
- **LTC scope includes**
  - Seniors and disabled (physical, cognitive, mental)
  - Children and adults
  - Range of services (day care, respite, palliative, etc.)
- **Focus on care continuum, e.g.**
  - Not only institutional capacity
  - Formal and informal caregivers
  - Home modifications, etc.
- Care givers are often seniors and usually women
- Multiple agencies are working on LTC issues

Governance
Action Areas

**Quality**
- 1. Identify gaps and priorities for quality LTC services
- 2. Create long term care accreditation standards

**Education & Workforce**
- 3. Enable capacity and skills building for formal LTC workers
- 4. Support and train informal caregivers

**Policy & Regulation**
- 5. Modernize regulation of care homes
- 6. Address mental capacity issues
- 7. Strengthen the Senior Abuse Register
- 8. Create a three-to-five year LTC strategy and action plan

**Financing**
- 9. Improve insurance benefits related to home care
- 10. Redesign reimbursement rates for hospital long-stays
- 11. Determine long term care expenditure levels

**Advocacy & Communication**
- 12. Ensure professionals’ awareness of available resources
- 13. Ensure caregivers and the public are aware of available resources

PANEL DISCUSSION
Quality

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<tr>
<th>Action item</th>
<th>Deadline</th>
<th>Lead Agency</th>
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<tbody>
<tr>
<td>1. Identify the gaps, challenges and priorities to providing quality LTC services, in accordance with the Residential Care Home and Nursing Home Act and proposed standards.</td>
<td>April 2017</td>
<td>Ageing &amp; Disability Services</td>
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<tr>
<td>2. Create long-term care accreditation standards</td>
<td>June 2017</td>
<td>Age Concern</td>
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Education & Workforce Development

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<td>3. Identify an agency that will provide formal LTC workers with a variety of opportunities to extend and build on their knowledge and skills.</td>
<td>December 2017</td>
<td>Ageing &amp; Disability Services</td>
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<td>4. Identify agencies/partners that will support caregivers by providing families and volunteers with access to LTC workshops and other forms of informal training.</td>
<td>October 2017</td>
<td>Disability Advisory Council</td>
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Policy & Regulation

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<td>5. Amend the Residential Care Home and Nursing Home Act, regulations and create standards</td>
<td>October 2017</td>
<td>Ageing &amp; Disability Services</td>
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<td>6. Address community treatment orders and consider mental capacity and receivership requirements, as part of the Mental Health Act Review</td>
<td>January 2018</td>
<td>Bermuda Hospitals Board</td>
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<td>7. Strengthen Senior Abuse Register operational procedures to improve enforcement</td>
<td>March 2017</td>
<td>Ageing &amp; Disability Services</td>
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<td>8. Create a three-to-five year Long Term Care Strategy and Action Plan</td>
<td>January 2018</td>
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Financing

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<tr>
<td>9. Review insurance benefits to improve value of home care services such as personal home care and palliative care.</td>
<td>July 2017</td>
<td>BHeC &amp; HID</td>
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<td>10. Redesign reimbursement rates for hospital long term stays, for utilization and cost control to ensure system sustainability and to enact post-acute care initiative.</td>
<td>April 2017</td>
<td>MOHS &amp; BHB</td>
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<td>11. Compile available data on existing LTC financing and expenditure across ministries for improved financial planning</td>
<td>December 2017</td>
<td>MOHS</td>
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### Advocacy & Communication

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<td>12. Develop an on-going professional outreach campaign to improve professionals’ knowledge of available resources</td>
<td>March 2017</td>
<td>ADS</td>
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<td>13. Implement a public awareness campaign to increase community knowledge of the available resources to assist persons with LTC needs</td>
<td>June 2017</td>
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### Panel discussion of actions

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Next steps

- Receive and consolidate feedback
  • Written feedback by 31 December
- Finalize Action Plan
  • January 2017
- Implementation
  • Through 2017
    In collaboration with stakeholders
- Report
  • As part of Bermuda Health Strategy

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