



GOVERNMENT OF BERMUDA

Ministry of Public Works

Department of Parks

Initial Swim Assessment

Dear Applicant,

Please find the current listed dates, times and locations of the **Initial Swim Assessments (ISA)** available for the 2019 Lifeguard Training Season. All new applicants for the 2019 **must successfully pass one (1) ISA** in order to qualify and participate in a Department of Parks' Lifeguard Training Course during the 2019 season.

DATE	LOCATION	TIME
Tuesday, 12 th March	Bermuda National Sports Centre	6pm
Sunday, 14 th April	Bermuda National Sports Centre	3pm
Tuesday, 7 th May	Bermuda National Sports Centre	6:30pm
Sunday 23 rd June	Bermuda National Sports Centre	3pm

POOL ADDRESS

Bermuda National Sports Centre, 65 Roberts Avenue, Devonshire

<http://bermudanationalsportscentre.com>

Distance: 400 meters in a pool

Qualification Time: 8 minutes or less

- Anybody interested in the Lifeguard position as described in the Recruitment Instructions and is in good health and of a fairly high level of fitness are allowed to take any of the advertised Initial Swim Assessments (ISA).
- Any candidate that has any medical conditions which may impair them should consult their physician first before undertaking the ISA and subsequent training course. The Lifeguard Superintendent must be notified immediately (before the ISA) of the condition(s) if not already mentioned on your application regarding any medical conditions. "Fit for work" proof may be deemed necessary before commencing any part of the ISA or subsequent training course.
- Participants may wear goggles for the ISA. Long hair must be neatly held up/back. Swim caps may be worn. Jewellery, including body jewellery must be removed during the ISA and training course. Appropriate swim attire must be worn throughout the ISA. No wet suits allowed for the ISA.
- Successful participants of the ISA only need swim on one (1) date. Unsuccessful participants are allowed to retake any subsequent ISAs displayed above. We strongly discourage potential candidates from waiting until the last possible ISA date to attempt qualification.

Lifeguard Training Course

Please find the listed dates of the Lifeguard Training Courses currently available for the 2019 Season:

COURSE NO.	DATES	TOTAL COURSE LENGTH
Training Course No.1 - NEW Candidates	11 th - 16 th May & 19 th – 23 rd May	68hrs total (8.5 days)
Training Course No.2 - NEW Candidates	29 th June – 4 th July & 7 th – 11 th July	68hrs total (8.5 days)

*** After 6 days of training, each training course has a scheduled 2-day break followed by a 4 ½ day assessment period. Candidates will not know which 2 ½ days they will be assessed until DAY 6.**

- We are allowed to enroll a maximum of 12 candidates in a course at a time. Please note that should we have more than 12 successful ISA candidates interested in participating in a particular course, the Lifeguard Service will strictly follow immigration guidelines in conjunction with Lifeguard Service seniority, availability for work and ISA performance in order to select the final training course participant group.
- The Lifeguard Training Course involves instruction at various locations throughout the island. Course participants are expected to provide their own means of transportation during the training course period as there will be times where planned transfers to different locations throughout the day are required (E.g. Global House in Hamilton to Turtle Beach in St. George's or Botanical Gardens in Paget to Horseshoe Bay in Southampton, etc.). Qualifying candidates will receive a Welcome letter within two weeks of the corresponding course date with details including a daily agenda (with locations), dress/kit needs, etc.
- Please contact the Lifeguard Superintendent at your earliest convenience if you have any questions regarding the above.