



COVID-19 Immunised UK Traveller Health Instructions

Please review the health instructions below that you must follow while you are in Bermuda as Per the **Quarantine Act 2017 s.11** and the **Quarantine (COVID-19)(No.3) Order 2020**, failure to comply may result in a fine of **\$25,000 and/or imprisonment for up to 6 months.**

Your Instructions Today :

You have a Pre-departure COVID-19 Test and are arriving from the United Kingdom or have visited the United Kingdom in the 14 days before you arrived in Bermuda
*(Adults and children 10 and older)**

Quarantine in your accommodation until a negative result from your Day-4 test.

Only leave your accommodation to attend testing.
All testing locations and times will be booked for you

**Children 9 and younger must quarantine with a parent or guardian*

During your Stay

During quarantine you must

Not leave your home or accommodation.

Have your groceries delivered, work remotely, etc.

Monitor your health daily

Take your temperature twice daily for 14 days and record any symptoms

If your temperature is over 100.4F or 38C please email: covid19serv@gov.bm

Test on Day 4 is: _____

A reminder email will be sent 24 hours before your test.

If a negative test result received, follow the Immunised UK Travellers' First 14 Days in Bermuda guidance from Day 4 (on second page).

Test on Day 8 is: _____

A reminder email will be sent 24 hours before your test.

Test on Day 14 is: _____

A reminder email will be sent 24 hours before your test.

Positive COVID-19 Result

If a traveller becomes COVID-19 positive, is a close contact of a positive person, is symptomatic, or if a traveller is clinically diagnosed at any point, they will be isolated at their accommodation for up to 14 days.

As per the Quarantine (COVID-19) (No.3) Order 2020, you are required to comply with the directions that are summarized in these instructions.

Print Officer Name:	Print Traveller Name:
Signature:	Signature:

For more health information or assistance with rescheduling your appointments, contact COVID-19 hotline on: 444-2498



COVID-19 Immunised UK Traveller Health Instructions

COVID-19 (Coronavirus)

Immunised UK Travellers' First 14 Days in Bermuda

Mandated as per the Quarantine (COVID-19) (No.3) Order 2020

DAY 0	DAY 4	DAY 8	DAY 14
RECENT TRAVELLER Negative pre-arrival test result received *	ADVANCED TRAVELLER Negative pre-arrival + negative arrival + negative Day 4 test results received	ADVANCED TRAVELLER Negative pre-arrival + negative arrival + negative Day 4 + negative Day 8 test results received	NON-TRAVELLER Negative pre-arrival + negative arrival + negative Day 4 + negative Day 8 + negative Day 14 test results received
CAN: <ul style="list-style-type: none"> All immunised travellers arriving from the UK or who have been in the UK in the 14 days before arriving in Bermuda (both residents and visitors) must quarantine at accommodation away from others until the arrival of a negative Day 4 test result. Must test on Day 4. 	CAN: <ul style="list-style-type: none"> Permitted to carry out all day-to-day activities in accordance with the public health guidance published on www.gov.bm/coronavirus. Must continue to wear a mask, sanitize hands and practice physical distancing Must test on Day 8 	CAN: <ul style="list-style-type: none"> Permitted to carry out all day-to-day activities in accordance with the public health guidance published on www.gov.bm/coronavirus. Must continue to wear a mask, sanitize hands and practice physical distancing Must test on Day 14 	CAN: <ul style="list-style-type: none"> Permitted to carry out all day-to-day activities in accordance with the public health guidance published on www.gov.bm/coronavirus. Must continue to wear a mask, sanitize hands and practice physical distancing
DO NOT: <ul style="list-style-type: none"> Be in close contact with other persons who have not travelled with you 			

*Residents WITHOUT a negative pre-arrival test result MUST quarantine at accommodation away from others until receiving a negative Day 4 test result as well. Then they can carry out all day-to-day activities in accordance with the public health guidelines published on www.gov.bm/coronavirus (wear a mask, sanitize hands, practice physical distancing etc.)
 Please note that all above-referenced tests must be the COVID-19 PCR Test.
 All persons should avoid the 3 C's at all times: Closed Spaces, Crowded Places and Close-contact settings

GOVERNMENT OF BERMUDA
Ministry of Health

For more information visit: www.gov.bm/coronavirus
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