GOVERNMENT OF BERMUDA
Department of Health

1st June, 2020

Dear Students, Parents & Teachers

As we continue our physical distancing, we have all realized its importance with preventing the spread of Covid-19.   Reopening of Bermuda from phase 2 to phase 3 and beyond, will be influenced by our social activities. These activities may increase or decrease our risk of exposure to the Covid-19 virus. The Child Health team aims to reduce those risks.

We would like to introduce some new guidelines about social gatherings and distancing with Social Bubbles. The idea is considered a step toward a "New Normal" and follows:

- Maintain your immediate Family Bubble in your household;
- If you socialize outside of your Family Bubble, select no more than 10 friends who become your "Social Bubble";
- Keep the same 10 persons in that Social Bubble for at least 2 weeks for your safety and well-being;
- If anyone in the "Bubble" suspects they have Covid-19, they can alert those in the Bubble and all persons can self-isolate promptly, while waiting for test results;
- Having "Social Bubbles" reduces the risks of exposure from many different people;
- "Social Bubbles" will help you to remember who you have spent time with, if you or your household member, tests positive for Covid-19.

With these new points, please continue to adhere to the following:

- Physical distancing and wear a mask when in public
- Continue practicing hand hygiene and respiratory etiquette
- Talk with your child about returning to school/camp and learning the new rules
- If your child is feeling fearful or worried you can call the hotline for children:

We would like to remind you if you or a family member are unwell call your doctor. If you have questions related to Covid-19 call the general hotline on 444-2498. Otherwise, stay informed and follow the advice on the government website: www.gov.bm/coronavirus. We recognize it is a stressful time and we are all in this together, getting used to the new normal.

Warmly,

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