

# COVID-19 (Coronavirus)

## What is Contact Tracing?

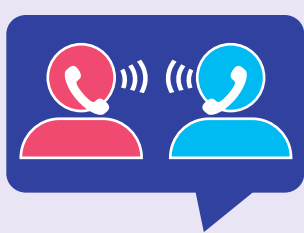
**Contact tracing** is a fundamental part of outbreak control that's used by public health professionals around the world to prevent the spread of infections.



### Person tests positive for COVID19 (Coronavirus)



Speak to the patient to identify **anyone who has had close contact** with them during the time they are infectious.



A **contact** is assessed to see how close they were to a confirmed case, which could include **someone living with the case** or **someone who has been in direct contact** with them or their bodily fluids.



Following this assessment, we can categorise them into **low** or **high** risk and contact them to provide advice on what they should do.



**Low risk contact** doesn't require self-quarantine, but should practice **social distancing**.

**Contact may have public health supervision** which means we monitor them but don't necessarily contact them every day.



**High risk contact** is required to **self-quarantine**, remaining in their home for 14 days and staying away from work, school or public places.



**Contact may have active monitoring** which means we contact them daily to provide them with advice on what to do if they become unwell until they can be given the all-clear.



Contacts that have or develop **symptoms** of COVID19 are required to **self-isolate**. Their doctor should be informed to provide appropriate care and testing may occur.



Contacts that display **no symptoms** of COVID19 can go back to their daily lives while continuing to practice **social distancing**.



Stay informed on the latest developments about COVID-19 by visiting the Government of Bermuda's website [coronavirus.gov.bm](https://coronavirus.gov.bm)

