



GOVERNMENT OF BERMUDA

Department for National Drug Control

Report of the 2018 Annual Meeting of the

# BERMUDA DRUG INFORMATION NETWORK (BerDIN)

**DR. KYLA RAYNOR**

BerDIN Coordinator &  
*Senior Research Officer/Policy Analyst, DNDC*

**VENUE & DATE**

Princess Victoria Room,  
Hamilton Princess & Beach Club  
18<sup>th</sup> & 19<sup>th</sup> October, 2018





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*Participants at the 2018 Annual Meeting of the Bermuda Drug Information Network (BerDIN), Hamilton Princess.*

The 2018 Annual Meeting of the Bermuda Drug Information Network (BerDIN) was held on the 18<sup>th</sup> and 19<sup>th</sup> of October, 2018 in the Princess Victoria Room of the Hamilton Princess (Hotel) and Beach Club.

### **Representation**

A list of meeting participants is in **Annex I** to this Report.

### **CALL TO ORDER & WELCOME**

**Anthony Santucci**, a BerDIN Member who represented CADA, called the meeting to order and extended a welcome to the meeting's participants and invited guests.

### **OPENING REMARKS**

**The Hon. Michael Weeks, JP, MP**, Minister of the Ministry of Social Development and Sports, brought Opening Remarks to the meeting. He noted the vital role of the BerDIN within the health and social service systems to help better understand the trends associated with addiction, prevention, treatment, rehabilitation, and drug interdiction. Mr. Weeks highlighted some of the challenges ahead and called for continued dialogue that can lead to a better understanding of the issues that continue to affect our community. He also shared, that policy makers have to look for

effective and humane ways to manage drugs in Bermuda. In closing, Minister Weeks emphasised that the renewal of the National Drug Control Master Plan 2019-2023, is Government's first step at addressing the needs of the community by putting health first.

Following the Opening Remarks, the meeting was officially declared open by Minister Weeks.



## INTRODUCTION

Participants were reminded of the meeting's objectives by **Mrs. Deborah Hunter**, Chief Executive Officer, Bermuda Sport Anti-Doping Authority; who also informed the participants of the meeting's objectives: to update the BerDIN members on the current drug situation; to provide a forum for dialogue on drug-related special interest topics; and to enhance the well-being of the BerDIN members through team building activities and wellness presentations. Next, the objectives of the second day were outlined as: to develop good working relationships among all Members by providing the experience of working together as a team; and to obtain knowledge regarding the connection between physical, emotional, and spiritual health.

Housekeeping matters were also conveyed.

Given the large group size and in the interest of keeping the agenda items as scheduled, participants were then asked to briefly introduce themselves (name and department he/she represented) for the benefit of all persons present at the meeting.



## **Procedural Matters**

The meeting determined its hours of work.

## **Adoption of Agenda**

The Agenda, as adopted by the meeting, is in **Annex II** to this Report.

## **KEYNOTE ADDRESS**

The keynote address was brought by the Clinical Psychologist of the Mid Atlantic Wellness Institute, **Dr. Shawnee Basden**. This was the fourth year in succession that the meeting has had a keynote speaker. Dr. Basden was introduced by BerDIN Member, **Ms. Isis Wellman**, who represented Turning Point Substance Abuse Programme.

Dr. Basden was honoured to be invited to the BerDIN Annual Meeting as the keynote speaker. Her presentation focused on substance use and the developing mind. The scientific approach to this topic allowed participants to learn about: substance use in critical developmental stages and the significant impact on future functioning, how substance use changes the functioning brain, and the implications it has for the treatment and prevention processes.

Dr. Basden shared her insight on the mediating factors that affect substance users, particularly, genetics and the age of onset followed by an informative discussion around genetic vulnerabilities with regards to marijuana use on adult psychosis, drug addiction and the effects on the brain, the process of addiction, and accommodations.

In closing, her in-depth knowledge shared with the meeting was overwhelmingly well-received and thought provoking.

### **The Network:**

**Noted** the information provided in the presentation.

## **PRESENTATIONS**

### **Substance Abuse Prevention Programmes**

The Community Development Coordinator, Mrs. Kimwana Eve, informed the participants about the six prevention programmes currently running in the community. The Government funded and grant-operated programmes discussed were: AL's PALS (DNDC), LifeSkills (PRIDE and CADA), Teen Peace (DNDC), Gang Resistance Education and Training (Bermuda Police), and Promoting Alternative Thinking Strategies



(PRIDE). Mrs. Eve thanked the agencies that undertake drug prevention work throughout the community and pledged the DNDC's support for these prevention efforts going forward. Lastly, prevention adverts were shown as well as a current ad campaign in the form of a video.

**The Network:**

**Noted** the information provided in the presentation.

**Public Opinion on Substance Use Video**

This year the BerDIN planning committee felt that it was important to show participants what the public's opinions are on substance use in Bermuda. With the assistance of an external vendor, we were able to capture the views of a few persons who represented a variety of demographics. These persons were asked six questions that were centered around marijuana and alcohol use on the Island. The six questions that were asked were as follows:

1. Do you think marijuana is a drug?
2. Do you think marijuana it's addictive?
3. Do you support legislation being changed to make marijuana legal?
4. Do you think doing one drug (e.g., cigarettes, marijuana) can lead to use of other drugs?
5. Does social media influence your decisions when it comes to drinking and/or using illegal substances (i.e. Marijuana) or legal substances (i.e. Alcohol)? If yes, why?
6. What do you think 'we' as a country can do better to discourage substance use and/or excessive drinking?

It was noted that, the video caused some discussion amongst participants. The aim of the video was shared with the group, which was to be able to find out what the pulse of our community is on this subject matter. Participants were encouraged to use this video as a tool to improve and/or create new initiatives that will better educate the public on substance use in Bermuda.

**The Network:**

**Noted** the information provided in the presentation.

**The Glorification of Substance Use**

The meeting invited **Magistrate Juan Wolffe**, to give a presentation on the "Glorification of Substance Use". This presentation discussed, in-depth, the many social media apps that parents should know about and the negative influence that marijuana and alcohol have had on the music we listen to. Magistrate Wolffe continued by sharing a variety of flyers used, in Bermuda, to advertise events (adult and family based) all of which had images of alcohol on them. He noted, that images are powerful as they quickly transmit information to your brain and trigger our emotions. They also impact our ability to make decisions that could influence what actions we take. The remainder of the presentation showed the participants the music lyrics they as well as their children listen to, which all sing/rap about the use of drugs and/or alcohol use. Magistrate Wolffe showed this concept from a Bermuda context as well as from an international perspective. He concluded by suggesting three solutions which were as follows:



1. **A ROBUST** and **PERPETUAL** educational/media awareness program in the schools and on social media to **COUNTERACT** the glorification of substance abuse by **HAMMERING HOME** the negative consequences of drug and alcohol consumption.
2. Encouraging parents (and maybe showing them how) to limit their child's access to media, social media, and television.
3. Providing parents with resources and information to promote media awareness programs in their communities and schools.

**The Network:**

**Noted** the information provided in the presentation.

***Update on the Drug Situation in Bermuda***

The meeting received a presentation from **Dr. Kyla Raynor**, BerDIN Coordinator and Senior Research Officer/Policy Analyst, DNDC, on the current drug situation in Bermuda: a brief background; new developments including changes, work-in-progress, and new initiatives; updated reports, monitoring mechanisms including coverage, challenges, data gaps, and unresolved areas; the BerDIN data management system; network and institutional strengthening proposals; and keys to sustainability over the next five years, given that this year marked the seventh meeting since the group reengaged. Further, the BerDIN Coordinator provided a snapshot of Bermuda's drug situation as presented within the 2018 Annual Report of the BerDIN, using some available data on; access and availability of alcohol and other drugs; youth, inmates, and prenatal drug use; treatment referrals; clients in treatment; and the cost of drug control efforts, to highlight the current state. The members of the planning team were acknowledged for their contribution to the meeting preparation.

**The Network:**

**Commended** for its comprehensive representation and great work to-date.

**Urged** to provide any additional data that can strengthen the Network's coverage, especially qualitative data.

**Encouraged** to have more bilateral or group meetings to facilitate further dialogue and problem resolution.

***Cannabis Decriminalization Update***

**Mr. Larry Mussenden** gave the BerDIN participants an update on the decriminalization of cannabis. He discussed the legal framework for which the decriminalization of cannabis in Bermuda is based on. Mr. Mussenden continued, by sharing data on drug offence by importation, possession and local Quarter 1 (2015) to Quarter 3 (2018).

The Director of Public Prosecutions closed his presentation, by making reference to the current situation in Canada, which is the second country to legalize cannabis use on October 17th, 2018. There was a discussion on this matter and some participants shared other facts about what Canada is allowing in reference to cannabis use.

**The Network:**

**Discussed** a couple of questions that were raised during the presentation.

**Noted** the information provided in the presentation.



## ***Roadside Sobriety Check Points and Breath Testing***

An interesting presentation was given by **Chief Inspector Robert Cardwell**, Bermuda Police Service, on how the roadside sobriety testing device is used. He also discussed, the legal framework for which roadside sobriety check points and breath testing are allowed. There was data shared on the number of arrests that have been made thus far, explaining that it is proving to be a deterrent for drink driving. The aim of this initiative is to change the mindset of the public when it comes to drinking and driving with safety being the priority of all persons.

### **The Network:**

**Noted** the information provided in the presentation.

**Applauded** Mr. Cardwell's interesting and timely presentation.



## **DNDC'S NEWEST SURVEY INITIATIVES**

The Department for National Drug Control (DNDC) representative, **Mrs. Stephanie Tankard**, Research Officer, provided the meeting with an update on the DNDC's newest survey initiatives since the last meeting. The data that was presented came from the 2017-2018 Drug Abuse Monitoring Survey (Prison Survey) and the 2018 Public Perception of Substance Abuse/Misuse Survey. In relation to the 2018 Public Perception of Substance Abuse/Misuse Survey, the presentation gave an overview of the data collected in the areas such as; concern and awareness, social and retail availability, law enforcement, consequences of drug use, and substance use-treatment/prevention. The Prison Survey data that was shared covered topics such as; drug abuse and drug screening, mental health, drug overdose and substance abuse treatment, criminal record, HIV/AIDS and hepatitis B status and Abuse history, drug prices, the drug abuse screening test (DAST), and gang involvement.

There were a few questions from the participants and the overall results of the two surveys were well-received, with some of the statistics being revealing to the participants.

### **The Network:**

**Noted** the information provided in the presentation.

## ***Network Updates, BerDIN Agency Representatives***

**Mrs. Joanne Dean**, Director of the Department for National Drug Control (DNDC) gave the meeting an update with regards to the evaluation conducted on the National Drug Control Master Plan 2013-2017 and Action Plan by highlighting the findings on what has been accomplished and a way forward with the outstanding items contained in the Master Plan.

It was noted, that the Master Plan is structurally sound with three goals supported by 18 objectives and 59 action plans. The Director stated that, according to the budget for supply and demand reduction it always comes up short but demand does better than supply with regards to realizing anticipated need.



As of January 2018,

- 27 of the 59 (46 percent) action plan were incomplete.
- Nineteen action plan points are considered complete,
- 8 action points are classified as “ongoing”, and
- 5 action points are catalogued as “partially complete”.

There was considerable progress made in reducing adult drug use over the period of the Master Plan, but it was found that youth are using more drugs in Bermuda. Between 2010 and 2016, the number of individuals admitted to drug treatment increased, whilst there was also a noted improvement in crimes, drug possession, and importation of drugs.

Moving forward, Mrs. Dean shared the six recommendations which were given and shared that the DNDC intends to spend time researching these recommendations and building the 2019-2023 National Drug Control Master Plan.

**Ms. Chalsey Symonds**, Government Analyst, addressed the meeting by giving a fascinating update on cannabis and its evolution in Bermuda, over the past two years. There was a noted increase in the number of cases that have been submitted and as of 2017, there has been an increase in “products” that contain cannabinoid sent to the lab. She discussed the legislative changes that have affected these increases as well as the concentrates which are popularly known to contain THC and CBD. In closing, images were shown of cannabis edibles that are being used in the community and have come into the lab for testing.

#### **The Network:**

**Noted** the information provided in the presentation.

## **CONCLUSIONS AND RECOMMENDATIONS**

- 1) **Bilateral Meetings:** there was again the call by Dr. Raynor for there to be more problem solving by collaborating with each other outside of the annual meeting.

## **ANY OTHER BUSINESS**

The BerDIN members who indicated their participation in the second day were advised of the dress code and to complete the required pre-work before the start of the morning session.

## **CLOSING REMARKS**

Dr. Raynor made brief closing remarks and thanked the participants for contributing to, what she deemed as, another successful meeting, and was grateful for their invaluable contribution. She also acknowledged the contribution over the past seven years of the Graphics and Design team of the Department of Communication and Information, who have designed and laid out the BerDIN Annual Report and meeting items. She encouraged participants to continue the collaboration beyond the meeting.

## EVALUATION OF MEETING

Participants completed a short evaluation of the meeting on Day 1 and also for the wellness and team building session on Day 2. Refer to **Annex III** for the evaluation and results.

## CLOSE OF MEETING

There being no other business, the meeting ended with an exchange of courtesies.



## DAY 2: WELLNESS AND TEAM BUILDING

### *Session 1: The 4 Essential Roles of Leadership*



The second day of the meeting began with a half day morning session on the “4 Essential Roles of Leadership”. It allowed the membership to participate in a transformational leadership journey that gave them the framework, skills, and tools to be a great leader. The session was taught by Mr. Richard James and showed participants how to consistently portray the four essential leadership roles whereby they: inspire trust, create a compelling vision and strategy, align core systems to execute strategy, and help team members reach their potential through regular coaching and feedback.

The membership engaged in team activities that allowed them to brainstorm what an effective leader looks like, who portrays the “4 Essential Roles of Leadership”. This team building session was well received by those in attendance.

This session was evaluated as part of the overall Day 2 activities. The results are in **Annex III** of this report.

### *Session 2: Wild Herbs and Plants Bermuda*

For the afternoon session, we had the privilege of having a live presentation by Ms. Doreen Williams, owner of Wild Herbs and Plants Bermuda. The aim of her business is to empower people with the information they need to live healthy, non-chemical based lives through the use of local plants. During her presentation she highlighted a number of locally grown plants that can be used for cooking and many other things. The health benefits of each plant represented was given to the group, whilst also indulging in samples of plant-based food items that were prepared. The membership completed the day with an informative walk through Admiralty Park. The guided tour, by Ms. Williams, highlighted the different plants that grow at this location and what they can be used for.



## ANNEX I: LIST OF MEETING PARTICIPANTS

### BERDIN MEMBERS & REPRESENTATIVES

#### DUNCAN BARCLAY

Results, Compliance and Investigations Manager  
**Bermuda Sport Anti-Doping Authority (BSADA)**  
P.O. Box HM 1841  
Hamilton, HM HX  
T: 232 6851  
F: 232 6852  
[results@bsada.org](mailto:results@bsada.org)  
[www.bsada.org](http://www.bsada.org)

---

#### ANGRIA BASSETT, RN, ICADC, CCS

Programme Manager  
Women's Treatment Centre (WTC)  
**Nelson Bascome Centre for Substance Abuse Treatment**  
**Department For National Drug Control (DNDC)**  
3 Cockburn Road  
Sandys, MA 01  
T: 278 4702  
F: 296 4824  
[ambassett@gov.bm](mailto:ambassett@gov.bm)  
[www.gov.bm](http://www.gov.bm)

---

#### MARIKO AGUIAR

Clinical Psychologist  
**Bermuda Assessment Referral Centre (BARC)**  
**Department of Court Services**  
Dame Lois Browne-Evans Building  
3<sup>rd</sup> Floor, 58 Court St.  
Hamilton, HM 12  
T: 295 5151 | Ext. 2222  
[mkaguiar@gov.bm](mailto:mkaguiar@gov.bm)

---

#### STEPHANIE TANKARD, MBA

Research Officer  
**Department For National Drug Control (DNDC)**  
Suite 304, Melbourne House, 11 Parliament St.  
Hamilton, HM 12  
T: 294 9705  
F: 295 2066  
[svtankard@gov.bm](mailto:svtankard@gov.bm)  
[www.gov.bm](http://www.gov.bm)

#### JOANNE DEAN

Director  
**Department For National Drug Control (DNDC)**  
Suite 304, Melbourne House, 11 Parliament St.  
Hamilton, HM 12  
T: 294 9703  
F: 295 2066  
[jldean@gov.bm](mailto:jldean@gov.bm)  
[www.dndc.gov.bm](http://www.dndc.gov.bm)

---

#### SHIRLEY PLACE

Clinical Director  
**Turning Point Substance Abuse Program**  
**Mid Atlantic Wellness Institute (MWI)**  
P.O. Box HM 1023  
Hamilton, HM DX  
T: 249 3404  
F: 239 2257  
[shirley.place@bermudahospital.bm](mailto:shirley.place@bermudahospital.bm)

---

#### SHIRMELLE GOMES

Surveillance Officer  
**Epidemiology & Surveillance Unit**  
**Department of Health**  
Continental Building 1<sup>st</sup> Floor, 25 Church St.  
Hamilton, HM 12  
T: 278 6501  
[sjgomes@gov.bm](mailto:sjgomes@gov.bm)  
[www.health.gov.bm](http://www.health.gov.bm)

---

#### RAYNISHA SIMMONS

Acting Programs Director  
**The Right Living House at the Farm**  
PO BOX HM 264  
HM AX  
T: 297 1280  
[tdderoza@gov.bm](mailto:tdderoza@gov.bm)

---

#### DEBORAH HUNTER

Chief Executive Officer  
**Bermuda Sport Anti-Doping Authority (BSADA)**  
P.O. Box HM 1841  
Hamilton, HM HX  
T: 232 6851  
F: 232 6852  
[ceo@bsada.org](mailto:ceo@bsada.org)  
[www.bsada.org](http://www.bsada.org)





## DEAN LEMA

Principal Customs Officer  
**HM Customs**  
**Commercial Operations - Hamilton Longroom**  
Hamilton Hall, 40 Front St.  
Hamilton, HM 11  
T: 278 7406  
F: 295 5392  
[dlema@gov.bm](mailto:dlema@gov.bm)  
[www.customs.gov.bm](http://www.customs.gov.bm)

---

## MELODY LIGHTBOURNE

Senior Customs Officer, CAPS Team  
**HM Customs**  
P.O. Box HM 2084  
Hamilton HM HX  
T: 278 7454  
F: 295 5392  
[mighthourne@gov.bm](mailto:mightbourne@gov.bm)  
[www.customs.gov.bm](http://www.customs.gov.bm)

---

## GERARD O'CONNELL

Financial Analyst  
**Organised and Economic Crime Department**  
**Bermuda Police Service (BPS)**  
**Bermuda Police Headquarters**  
Prospect DV 02  
T: 247 1550 | C: 717 8012  
[goconnell@bps.bm](mailto:goconnell@bps.bm)  
[www.bps.bm](http://www.bps.bm)

---

## LIONEL DAVE PARKER, ICADC, CCS

Acting Programme Manager/Treatment Officer  
**Men's Treatment**  
**Nelson Bascome Centre for Substance Abuse**  
**Treatment**  
**Department For National Drug Control**  
**(DNDC)**  
3 Cockburn Road, Sandys, MA 01  
T: 278 4701 | 294 9706  
F: 296 4824 | 295 2066  
[ldparker@gov.bm](mailto:ldparker@gov.bm)  
[www.dndc.gov.bm](http://www.dndc.gov.bm)

## SUELLA MATTHEWS

Senior Analyst  
**Financial Intelligence Agency**  
30A Church Street  
6<sup>th</sup> Floor  
Hamilton, HM 11  
T: 294 3714  
F: 296 3422  
[snmatthews@fia.bm](mailto:snmatthews@fia.bm)

---

## DR. KYLA RAYNOR, DrPH, CHES

Senior Research Officer/Policy Analyst  
**Department For National Drug Control**  
**(DNDC)**  
Suite 304, Melbourne House, 11 Parliament St.  
Hamilton, HM 12  
T: 294 9702  
F: 295 2066  
[kjraynor@gov.bm](mailto:kjraynor@gov.bm)  
[www.gov.bm](http://www.gov.bm)

---

## ANTHONY SANTUCCI

Executive Director  
**CADA**  
Suite 302, Melbourne House  
Hamilton, HM 12  
T: 295 5982  
F: 295 8854  
[execdirector.cada@logic.bm](mailto:execdirector.cada@logic.bm)  
[www.facebook.com/CADABermuda](http://www.facebook.com/CADABermuda)  
[www.cada.bm](http://www.cada.bm)

---

## DAVID BHAGWAN

Detective Sergeant  
**Drugs and Financial Crime Unit**  
**Serious Crime Division**  
Bermuda Police Service (BPS)  
P.O. Box HM 530  
Hamilton, HM CX  
T: 247 1031 | C: 717 2042  
[dbhagwan@bps.bm](mailto:dbhagwan@bps.bm)  
[www.bermudapolice.bm](http://www.bermudapolice.bm)

## CHALSEY SYMONDS

Government Analyst  
**Central Government Laboratory**  
**Department of Health & Seniors**  
Building 332  
11 Wallers Point Road, Southside  
St. David's, DD 03  
T: 278 4974  
[ctsymonds@gov.bm](mailto:ctsymonds@gov.bm)

---

## CARLA SCOTT

Office Manager  
**Bermuda Addiction Certification Board (BACB)**  
Suite 304, Melbourne House, 11 Parliament St.  
Hamilton, HM 12  
T: 292 7889  
[cscott@bacb.bm](mailto:cscott@bacb.bm)

---

## KIMWANA EVE

Community Development Coordinator  
**Department For National Drug Control (DNDC)**  
Suite 304, Melbourne House, 11 Parliament St.  
Hamilton, HM 12  
T: 294 9704  
F: 295 2066  
[kleve@gov.bm](mailto:kleve@gov.bm)  
[www.dndc.gov.bm](http://www.dndc.gov.bm)

---

## RENTHA FRANCIS

Government Analyst  
**Central Government Laboratory**  
Building 332  
11 Wallers Point Road, Southside  
St. David's, DD 03  
T: 278 4973  
[rlfrancis@gov.bm](mailto:rlfrancis@gov.bm)

---

## CYRLENE WILSON, CCHRA

Statistical Analyst  
**Health Information Management Services (HIMS)**  
Bermuda Hospitals Board  
P.O. Box HM 1023, Hamilton, HM DX  
T: 239 1202  
F: 239 6324  
[cyrle.wilson@bhb.bm](mailto:cyrle.wilson@bhb.bm)  
[www.bermudahospitals.com](http://www.bermudahospitals.com)

## ISIS WELLMAN

Addiction Counselor  
**Turning Point Substance Abuse Program**  
**Mid Atlantic Wellness Institute (MWI)**  
P.O. Box HM 1023  
Hamilton, HM DX  
F: 249 3406  
[isis.wellman@BermudaHospital.bm](mailto:isis.wellman@BermudaHospital.bm)

---

## TOINETTE LASHLEY

Specialist Officer  
**Westgate Facility**  
**Department of Corrections**  
St. Georges  
T: 234 0555 | Ext. 251  
[tjlashley@gov.bm](mailto:tjlashley@gov.bm)

---

## LARRY MUSSENDEN

Director  
**Department of Public Prosecutions**  
Global House – Second Floor  
43 Church Street  
Hamilton, HM 12  
T: 295-5151 | Ext. 1194  
[ldmussenden@gov.bm](mailto:ldmussenden@gov.bm)

---

## O'BRIAN ROBERTS

Analyst  
**Financial Intelligence Agency**  
PO BOX HM 2084  
Hamilton, HM HX  
T: 295 4816  
F: 295 5392  
[oroberts@gov.bm](mailto:oroberts@gov.bm)

---

## PETER STABLEFORD

Police Inspector  
**Bermuda Police Service**  
52 Victoria Street  
Hamilton, HM 12  
T: 247 1704  
[pstableford@bps.bm](mailto:pstableford@bps.bm)



## JUAN WOLFFE

Senior Magistrate  
**Department of the Judiciary  
Magistrates Court**  
Dame Lois Browne-Evans Building  
58 Court St.  
Hamilton, HM 12  
T: 295 5151 | Ext. 1676  
[jwolffe@gov.bm](mailto:jwolffe@gov.bm)

---

## DEBORAH ORIEL

Public Health Nurse  
**Maternal Health Clinic**  
67 Victoria St.  
Hamilton, HM 12  
T: 278 4900  
F: 295 6800  
[dloriel@gov.bm](mailto:dloriel@gov.bm)

---

## INVITED GUESTS

### DR. CHERYL PEEK-BALL

Chief Medical Officer  
**Ministry of Health**  
25 Church Street  
Hamilton, HM 12  
T: 278 4925  
[cepeekball@gov.bm](mailto:cepeekball@gov.bm)

---

### AUGUSTINA RAYNOR

Programme Director  
**Salvation Army Harbour Light**  
44 King St.  
Hamilton, HM 12  
T: 294 2586  
F: 296 5804  
[Augustina\\_lbegbuna@can.salvationarmy.org](mailto:Augustina_lbegbuna@can.salvationarmy.org)

---

### JULITA PENISTON, MSW, LMSW, CFT, ICADC

Social Worker  
**Counselling & Life Skills Services  
Department of Child and Family Services**  
Magnolia Place  
Victoria St.  
Hamilton, HM 12  
T: 294 5887  
[jppeniston@gov.bm](mailto:jppeniston@gov.bm)

## ARIA BEAN

Probation Officer/Case Manager  
**Bermuda Assessment Referral Centre (BARC)  
Department of Court Services**  
Dame Lois Browne-Evans Building  
3<sup>rd</sup> Floor, 58 Court St.  
Hamilton, HM 12  
T: 295 5151 | Ext. 2212  
[sabean@gov.bm](mailto:sabean@gov.bm)

---

## SANDY BUTTERFIELD

Executive Director  
**Focus Counselling Service**  
47 Elliott St.  
Hamilton, HM 17  
T: 296 2196 | C: 535 1292 | 735 1292  
F: 296 5954  
[sbutterfield@focus.bm](mailto:sbutterfield@focus.bm)  
[www.focus.bm](http://www.focus.bm)

---

## DAVID KENDELL

Director  
**Department of Health**  
25 Church Street  
Hamilton, HM 12  
T: 278 5385  
[dskendell@gov.bm](mailto:dskendell@gov.bm)

---

## CHRISTOPHER CLARKE

Police Constable  
**Bermuda Police Service (BPS)**  
P.O. Box HM 530  
Hamilton, HM CX  
T: 247 1084 | C: 717 0526  
[cclarke@bps.bm](mailto:cclarke@bps.bm)  
[www.bermudapolice.bm](http://www.bermudapolice.bm)

---

## KIMBERLEY JACKSON

Program Coordinator  
Ministry of Social Development and Sports  
Mirrors Programme  
1<sup>st</sup> Floor Global House  
43 Church Street  
Hamilton, HM 12  
T: 294 9291  
[kvjackson@gov.bm](mailto:kvjackson@gov.bm)

## **TRUELL LANDY, CPS**

Programme Director

**PRIDE Bermuda**

C: 703 8129

[truell@pride.prevention.bm](mailto:truell@pride.prevention.bm)

[www.pridebermuda.bm](http://www.pridebermuda.bm)

---

## **KELLY MADEIROS**

Coordinator

**Mental Health Treatment Court**

**Department of Court Services**

Dame Lois Browne-Evans Building

Hamilton, HM 12

T: 249-9336 | Ext. 2236

[kemadeiros@gov.bm](mailto:kemadeiros@gov.bm)

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## **LARISSA BURGESS**

Crown Counsel

**Department of Public Prosecutions**

Global House – Second Floor

43 Church Street

Hamilton, HM 12

T: 295 5151 | Ext. 4882

[lrburgess@gov.bm](mailto:lrburgess@gov.bm)

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## **DERRICKA BURNS**

Detective Inspector

**Bermuda Police Service**

**Organized and Economic Crime Department**

52 Victoria Street

Hamilton, HM 12

T: 247 1062

[dburns@bps.bm](mailto:dburns@bps.bm)

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## **LEEANN SIMMONS**

Education Officer- Counselling

**Department of Education**

T: 278 3300

[leasimmons@gov.bm](mailto:leasimmons@gov.bm)

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## **LISA BREWSTER**

Program Coordinator

**PRIDE Bermuda**

T: 295 9970

[programs@pride.prevention.bm](mailto:programs@pride.prevention.bm)

## **MARINA SOUSA**

Program Facilitator

**PRIDE Bermuda**

C: 704 1977

T: 295 9970

[pathsfacilitator@pride.prevention.bm](mailto:pathsfacilitator@pride.prevention.bm)

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## **LESLIE GRANT**

Addictcion Counselor

**FOCUS Counselling Service**

47 Elliot St

Hamilton, HM17

T: 296 2196

[lpgrant@focus.bm](mailto:lpgrant@focus.bm)

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## **MARTHA DISMONT**

Executive Director

**Family Centre**

**Sunshine League**

27 King Street

Hamilton, HM 19

T: 232 1116

[martha@tfc.prevention.bm](mailto:martha@tfc.prevention.bm)

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## **PETER PHILPOTT**

School Resource Officer

**Bermuda Police Service**

P.O. Box HM 530

Hamilton, HM CX

C: 717 0111

[pphilpott@bps.bm](mailto:pphilpott@bps.bm)

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## **KAMALA SINGH-TACKLIN**

Probabtion Officer/Case Manager

**Department of Court Services**

**Dame Lois Browne-Evans Building**

58 Court St.

Hamilton, HM 12

T: 292 5005

[kastacklin@gov.bm](mailto:kastacklin@gov.bm)

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## JAVONE ROGERS

Crown Counsel, Junior Grade  
**Department of Public Prosecutions**  
Global House – Second Floor  
43 Church Street  
Hamilton, HM 12  
T: 279 2890  
[jrrogers@gov.bm](mailto:jrrogers@gov.bm)

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## RENEE LIGHTBOURNE

Senior Probation Officer  
**Department of Court Services**  
Dame Lois Browne-Evans Building  
58 Court St.  
Hamilton, HM 12  
T: 295 5151 | Ext. 2206  
[relightbourne@gov.bm](mailto:relightbourne@gov.bm)

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## ROBERT CARDWELL

Chief Inspector  
**Bermuda Police Service**  
P.O. Box HM 530  
Hamilton, HM CX  
[rcardwell@bps.bm](mailto:rcardwell@bps.bm)

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## SAMANTHA SMITH

Youth Programme Coordinator  
**PRIDE Bermuda**  
25 Point Finger Road  
Paget, DV 04  
T: 295 9970  
[samantha@pride.prevention.bm](mailto:samantha@pride.prevention.bm)

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## RODERICK MASTERS

Principal Customs Officer  
**HM Customs**  
PO Box HM 2084  
Hamilton, HM HX  
T: 295 4816  
F: 295 5392  
[rmasters@gov.bm](mailto:rmasters@gov.bm)

## SHARIKA THOMAS BATHER

Social Worker  
**Counselling & Life Skills Services**  
**Department of Child and Family Services**  
Magnolia Place  
Victoria St.  
Hamilton, HM 12  
T: 294 0474  
[svthomas@gov.bm](mailto:svthomas@gov.bm)

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## PRESENTERS

### DR. SHAWNEE BASDEN

Clinical Psychologist  
**Mid Atlantic Wellness Institute (MWI)**  
Bermuda Hospital Board  
P.O. Box DV 501  
Devonshire, DV BX  
[shawneebasden@gmail.com](mailto:shawneebasden@gmail.com)





# Annual Meeting of the **BERMUDA DRUG INFORMATION NETWORK** (BerDIN)

*18<sup>th</sup> – 19<sup>th</sup> October, 2018*

Princess Victoria Room, Hamilton, Princess Hotel & Beach Club

## AGENDA

Facilitator: Dr. Kyla Raynor,  
BerDIN Coordinator  
& Senior Research Officer/Policy Analyst – DNDC

### MEETING OBJECTIVES

1. To update the BerDIN Members on the current drug situation.
2. To provide a forum for dialogue on drug-related special interest topics.
3. To enhance the well-being of the BerDIN Members through team building activity and wellness presentation.

*"We cannot accomplish all that we need to do without working together."  
Bill Richardson*



## THURSDAY, 18<sup>TH</sup> OCTOBER

8:30 a.m.	<b>CONTINENTAL BREAKFAST</b>	
9:00 a.m.	Welcome Remarks	<i>Gerard O'Connell</i> Financial Analyst, Bermuda Police Service
9:05 a.m.	Opening Remarks	<i>Hon. Michael Weeks, JP, MP</i> Minster, Ministry of Social Development and Sports
9:15 a.m.	<b>GROUP PHOTO</b>	
9:25 a.m.	Introduction of Meeting » Objectives of the Meeting » Introduction of Participants » Adoption of Agenda	<i>Deborah Hunter</i> Chief Executive Officer Bermuda Sport Anti-Doping Authority
9:30 a.m.	Introduction of Keynote Speaker	<i>Dr. Ernest Peets</i> Clinical Manager, Turning Point
9:35 a.m.	Keynote Address <i>Mental Health and Substance Abuse</i>	<i>Dr. Shawnee Basden</i> Clinical Psychologist Mid Atlantic Wellness Institute
10:15 a.m.	<b>BREAK</b>	
10:30 a.m.	Substance Abuse Prevention Programmes	<i>Kimwana Eve</i> Community Development Officer, Department for National Drug Control
10:45 a.m.	Public Opinion On Substance Use Video » Discussion	<i>Various</i>
11:15 a.m.	Glorification of Substance Abuse » Discussion	<i>Magistrate Juan Wolfe</i> Senior Magistrate, Judiciary
12:15 p.m.	<b>LUNCH</b>	
1:00 p.m.	Bermuda Drug Information Network (BerDIN) Update on the Current Drug Situation in Bermuda Government » Discussion	<i>Dr. Kyla Raynor</i> Senior Research Officer/Policy Analyst Department for National Drug Control
1:30 p.m.	Cannabis Decriminalization Update » Discussion	<i>Larry Mussenden</i> Director, DPP
1:45 p.m.	Roadside Sobriety Check Points and Breath Testing » Discussion	<i>Robert Cardwell</i> Chief Inspector Bermuda Police Service
2:15 p.m.	<b>BREAK</b>	
3:00 p.m.	DNDC's Newest Survey Initiatives » Discussion	<i>Stephanie Tankard</i> Research Officer Department for National Drug Control
3:15 p.m.	Network Updates, BerDIN Agency Representatives » Discussion	<i>Joanne Dean</i> Director Department for National Drug Control <i>Dr. Zina Woolridge</i> Programme Manager, DTC <i>Chalsey Symonds</i> Lab Technician, Government Lab
4:00 p.m.	Summary and Discussion on the Way Forward	<i>Dr. Kyla Raynor</i>

4:10 p.m.	Any Other Business	
4:20 p.m.	Closing Remarks	Dr. Kyla Raynor
4:30 p.m.	Evaluation of Day 1	
4:40 p.m.	End of Day 1	

## FRIDAY, 19<sup>TH</sup> OCTOBER

### WELLNESS & TEAM BUILDING (ADVENTURE ACTIVITY)

#### OBJECTIVES

- » To obtain knowledge regarding the connection between physical, emotional and spiritual health.
- » To develop good working relationships among all Members by providing the experience of working together as a team.

9:00 a.m.	Introduction of Day's Activities	Dr. Kyla Raynor
9:05 a.m.	Team Building Activity	Martha Kirkland & Richard James
12:45 p.m.	LUNCH	Hamilton Princess
1:30 p.m.	Local Wild Herbs and Plants Presentation	Wild Herbs and Plants Bermuda
2:15 p.m.	Nature Walk	Wild Herbs and Plants Bermuda
3:20 p.m.	Evaluation	
3:35 p.m.	End of Day 2	

## BERDIN MEMBERS, ASSOCIATES, & REPRESENTATIVES

<b>BERMUDA HOSPITALS BOARD:</b>	
KING EDWARD VII MEMORIAL HOSPITAL	Ms. Cyrlene Wilson, <i>Statistical Analyst</i> Ms. Donna Williams, <i>Health Information Management Services Supervisor</i>
TURNING POINT SUBSTANCE ABUSE PROGRAMME	Mrs. Shirley Place, <i>Programme Director</i> Dr. Ernest Peets, <i>Clinical Manager</i>
<b>BERMUDA POLICE SERVICE:</b>	
FINANCIAL CRIME UNIT	Mr. Gerard O'Connell, <i>Financial Analyst</i>
NARCOTICS	Mrs. Derricka Burns, <i>Detective Inspector</i> Mr. David Bhagwan, <i>Sergeant</i>
DUI	Mr. Peter Stableford, <i>Inspector</i>
<b>BERMUDA PROFESSIONAL COUNSELLING SERVICES</b>	Ms. Fiona Elkinson, <i>Programme Director</i>
<b>BERMUDA SPORT ANTI-DOPING AUTHORITY</b>	Ms. Deborah Hunter, <i>Chief Executive Officer</i> Mr. Duncan Barclay, <i>Results, Compliance &amp; Investigations Manager</i>
<b>CADA</b>	Mr. Anthony Santucci, <i>Executive Director</i>
<b>COUNSELLING AND LIFE SKILLS SERVICES</b>	Dr. Zina Zuill, <i>Supervisor-Counsellors</i> Mrs. Fredericka Brangman, <i>Counsellor</i>
<b>DEPARTMENT OF CORRECTIONS:</b>	
WESTGATE CORRECTIONAL FACILITY	Ms. Toinette Lashley, <i>Senior Case Worker</i>
RIGHT LIVING HOUSE	Mrs. Theresa DeRoza, <i>Programme Director</i>
<b>DEPARTMENT OF COURT SERVICES:</b>	
BERMUDA ASSESSMENT AND REFERRAL CENTRE	Ms. Mariko Aguiar, <i>Clinical Supervisor</i>
DRUG TREATMENT COURT	Dr. Zina Woolridge, <i>Case Management Unit Manager</i>
<b>DEPARTMENT OF HEALTH:</b>	
CENTRAL GOVERNMENT LABORATORY	Ms. Nadine Kirkos, <i>Senior Government Analyst</i>
MATERNAL HEALTH CLINIC	Ms. Gloria Burgess, <i>Maternal Health Nurse</i>
<b>DEPARTMENT FOR NATIONAL DRUG CONTROL:</b>	
MEN'S & WOMEN'S TREATMENT CENTRE	Mrs. Joanne Dean, <i>Director</i>
	Dr. Kyla Raynor, <i>Senior Research Officer/Policy Analyst</i>
	Mrs. Stephanie Tankard, <i>Research Officer</i>
	Mrs. Angria Bassett, <i>Programme Manager</i>
<b>DEPARTMENT OF PUBLIC PROSECUTIONS</b>	Mr. Larry Mussenden, <i>Director</i>
<b>HM CUSTOMS</b>	Mr. Dean Lema, <i>Principal Customs Officer</i> Ms. Melody Lightbourne, <i>Senior Customs Officer</i>
<b>LIQUOR LICENCE AUTHORITY</b>	Mr. Juan Wolffe, <i>Senior Magistrate</i>

## ANNEX III: PARTICIPANT EVALUATION

2018 ANNUAL MEETING OF THE  
BERMUDA DRUG INFORMATION  
NETWORK (BerDIN)

18<sup>th</sup> & 19<sup>th</sup> OCTOBER, 2018  
PRINCESS VICTORIA ROOM  
HAMILTON PRINCESS

### PARTICIPANT EVALUATION DAY 1: Thursday, 18<sup>th</sup> October, 2018

Please take a few minutes to fill out this form. Your anonymous responses will be used to improve the planning of this meeting in the future. **THANK YOU!**

#### MEETING DESIGN

Please rate the meeting on the following aspects:	Outstanding	Above Average	Average	Below Average	Poor
– Organisation of the meeting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Content (current, relevant, useful)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Meeting facilities (venue, meals, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Participant materials	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Quality of the meeting (overall meeting rating)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

#### MEETING RESULTS

Please rate the meeting on the following aspects:	Strongly Agree	Agree	Neither Agree/Nor Disagree	Disagree	Strongly Disagree
– Meeting objectives were accomplished	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– The information was timely/relevant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Opportunities for participation/involvement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Format/agenda was suitable	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Length of meeting:  Too Long  About Right  Too Short

The best aspect(s) of this meeting was:

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The meeting could be improved by:

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Other comments or suggestions:

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**PARTICIPANT EVALUATION**  
**DAY 2: Friday, 19<sup>th</sup> October, 2018**

Please take a few minutes to fill out this form. Your anonymous responses will be used to improve the planning of this meeting in the future. **THANK YOU!**

**SESSION 1: TEAM BUILDING ACTIVITY**

Please evaluate the <u>first session</u> on Day 2 of this meeting – “4 Essential Roles of Leadership”:	Strongly Agree	Agree	Neither Agree/Nor Disagree	Disagree	Strongly Disagree
– <i>Enjoyment</i> : Did I enjoy the activity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– <i>New knowledge and ideas</i> : Did you learn something new and helpful about yourself and others?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– <i>Working with others</i> : Did you enjoy working with your teammates?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**SESSION 2: WELLNESS**

Please evaluate the <u>second session</u> on Day 2 of this meeting – “Wild Herbs and Plants Bermuda”	Outstanding	Above Average	Average	Below Average	Poor
– Presentation content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Presenters’ knowledge of subject matter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Presenters’ responsiveness to participants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**DAY 2 RESULTS**

Please rate the <u>entire</u> day’s activities on the following aspects:	Strongly Agree	Agree	Neither Agree/Nor Disagree	Disagree	Strongly Disagree
– Day’s objectives were accomplished	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– The Day’s content and activities were useful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Opportunities for participation/involvement	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
– Format was suitable	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Outstanding	Above Average	Average	Below Average	Poor
– Quality of the Day (Overall Day 2 Rating)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**How likely are you to recommend EACH session to a friend or colleague?**

- 4 Essential Roles of Leadership
- Wild Herbs and Plants Bermuda

Not at all likely											Extremely likely										
0	1	2	3	4	5	6	7	8	9	10	0	1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Length of Day 2:**

About Right

Too Long

Too Short

**The best aspect(s) of Day 2 was:**

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**Day 2 could be improved by:**

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**Other comments or suggestions:**

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## ANNEX IV: PARTICIPANT EVALUATION RESULTS

2018 ANNUAL MEETING OF THE  
BERMUDA DRUG INFORMATION  
NETWORK (BerDIN)

18<sup>th</sup> & 19<sup>th</sup> OCTOBER, 2018  
PRINCESS VICTORIA ROOM  
HAMILTON PRINCESS

### PARTICIPANT EVALUATION RESULTS DAY I: MEETING

MEETING DESIGN (DAY I)	Score				
	2018 (n = 42/54)	2017 (n = 45/69)	2016 (n = 36/43)	2015 (n = 42/45)	2014 (n = 32/39)
– Organisation of the Meeting	4.6	4.6	4.6	4.6	4.5
– Content (Current, Relevant, Useful)	4.7	4.7	4.4	4.5	4.3
– Meeting Facilities (Venue, Meals, etc.)	4.2	4.5	4.5	4.8	3.8
– Participant Materials (Report, Bag, etc.)	4.4	4.5	4.6	4.6	4.4
– Quality of the Meeting (Overall Meeting Rating)	4.6	4.6	4.5	4.7	4.3

n = number of evaluation forms completed by participants who were present for all or most of the day.  
Scale: 5 = Outstanding, 4 = Above Average, 3 = Average, 2 = Below Average, 1 = Poor

MEETING RESULTS (DAY I)	Score				
	2018 (n = 42/54)	2017 (n = 45/69)	2016 (n = 36/43)	2015 (n = 42/45)	2014 (n = 32/39)
– Meeting objectives were accomplished	4.5	4.6	4.5	4.6	4.6
– The information was timely/relevant	4.6	4.7	4.6	4.6	4.6
– Opportunities for participation/involvement	4.6	4.7	4.6	4.6	4.7
– Format/agenda was suitable	4.6	4.7	4.4	4.5	4.3

n = number of evaluation forms completed by participants who were present for all or most of the day.  
Scale: 5 = Strongly Agree, 4 = Agree, 3 = Neither Agree Nor Disagree, 2 = Disagree, 1 = Strongly Disagree

**Length of Meeting: 95% (40 respondents) thought it was “About Right”.**

**The best aspect(s) of this meeting was (open-ended verbatim responses):**

- The data, presentations, and food.
- Learning about the physiological effects of drugs.
- Relevant and timely use of information as well as use of media.
- The presentation on behalf of the lab was very informative. The sobriety presentation was very helpful.
- Listening to the perspectives of the other attendees and to personally speak to our other colleagues.

- Outstanding presentations.
- All aspects were relevant. Information was timely.
- The new and varied information.
- Information and location (central).
- This was my first time attending as for the past several years, I have been hearing it was an excellent conference. I must concur and truly enjoyed myself.
- Legislation on cannabis.
- Presenters were very knowledgeable and made information interesting, videos were both enlightening and dis-heartening.
- Interactive- allowed for questions.
- Presentations were engaging and relevant- good amount of knowledge.
- Dr. Basden's input on adolescent drug abuse and genetics.
- The opportunity to hear from well-informed speakers and the discourse.
- Learning about the psychological impact of drug use.
- Dr. Basden's presentation.
- Effects of drugs on the brain.
- The keynote address, very informative containing a lot of relevant material not widely known-it should be!
- All of it was good.
- Good presentations and questions and answers.
- The informative presentations- There's always something new learned, especially regarding the legislative process and the gaps in services. However, I am honored to be amongst peers who continue to provide prevention and intervention services. Well done!
- This was a very insightful workshop. I enjoyed all of the presentations.
- The high level of expertise exhibited by presenters and participants.
- Topics covered.
- Being presented with information from different organisations involved with any drug related issues.
- Magistrate Wolfe's presentation.
- The interaction (sharing experiences).
- Prefer the small room setting that Hamilton Princess brought.
- Information sharing and networking!
- Dr. Basden's presentation from a medical position was very informative and educational. Mr. Wolfe's presentation was excellent.

### **The meeting could be improved by (open-ended verbatim responses):**

- Opportunity to have another day to brainstorm interventions, lobby opportunities with all agencies all together.
- More information of prevention ideas; specifically, How can we assist in their efforts?
- Allowing more time for questions and answer. Having PowerPoint presentations available for persons to follow on laptops during conference.
- More time for questions and answers.
- Maintain the quality.



- More time allotted.
- Input from the police.
- Different way of seating (not that important, but to omit better interactions).
- Breakout groups to work on a special problem.
- Interactive activities.
- A second day with more presenters.
- If presentations were allotted to the morning with activities in afternoon.
- Attendance and participation from the pharmacy and health areas.
- Room temperature too cold.
- Presenters should ensure their presentations have no technical issue. Therefore, they should conduct a trial run.

### **Other comments or suggestions (open-ended verbatim responses):**

- Thank you and Good Job! MWI- mental health should be here, Permanent Secretary should be here, and the Minister should stay.
- It would be nice for invited guests to be able to participate in Day 2. It creates opportunities for newcomers to meet people as well as network in a more relaxed environment.
- Education is very important.
- Can the presentations be emailed out to the participants?
- Meeting room too cold.
- Excellent Job!
- Thank you for once again raising the bar on what an annual meeting should entail.
- It would be nice if substance abuse counselors could attend as the information is very relevant for them to use to provide better services.
- List legislation problems to present to the Minister.
- Meeting was entirely informative.
- Make presentations available afterwards. Overall well organized and useful information.
- The Continuing Education Units were great!
- Please invite those from Dept. of Health who can state other health issues affecting Bermudians due to drugs, for example, dialysis.
- Stephanie was great!
- I have been attending for the past years and I have gained a wealth of knowledge about other organisations.
- Well done, even with the time crunch it was very well organized!
- Some information was very disturbing. We have a lot of work to do!
- Venue change should be highlighted.
- The meeting logistics were well organized and structured.

## DAY 2: WELLNESS & TEAM BUILDING

Items	Score			
	2018 (n = 20/27)	2017 (n = 23/25)	2016 (n = 27/28)	2015 (n = 18/22)
– <i>Enjoyment: Did I enjoy the activity?</i>	4.7	4.7	4.9	4.8
– <i>New knowledge and ideas: Did you learn something new and helpful about yourself and others?</i>	4.7	4.7	4.7	4.7
– <i>Working with others: Did you enjoy working with your teammates?</i>	4.8	-	4.9	4.8

n = number of evaluation forms completed by participants who were present for all or most of the day.

Scale: 5 = Strongly Agree, 4 = Agree, 3 = Neither Agree Nor Disagree, 2 = Disagree, 1 = Strongly Disagree

Note: In previous years, there were similar sessions, but measured on different dimensions and, therefore, should not be compared.

Items	Score			
	2018 (n = 20/27)	2017 (n = 23/25)	2016 (n = 27/28)	2015 (n = 18/22)
– Presentation Content	4.6	4.7	4.7	4.5
– Knowledge of subject matter	4.8	4.8	4.8	4.6
– Responsiveness to participants	3.9	4.7	4.7	4.4

n = number of evaluation forms completed by participants who were present for all or most of the day.

Scale: 5 = Outstanding, 4 = Above Average, 3 = Average, 2 = Below Average, 1 = Poor

Note: In previous years, there were similar sessions, but measured on different dimensions and, therefore, should not be compared.

Items	Score			
	2018 (n = 20/27)	2017 (n = 23/25)	2016 (n = 27/28)	2015 (n = 18/22)
– Day's objectives were accomplished	4.7	4.8	4.7	4.8
– The Day's content and activities were useful	4.8	4.8	4.8	4.8
– Opportunities for participation/involvement	4.9	4.9	4.8	4.8
– Format was suitable	4.9	4.9	4.8	4.8
– Quality of the Day (Overall Day 2 Rating)*	4.6	4.9	4.8	4.8

n = number of evaluation forms completed by participants who were present for all or most of the day.

Scale: 5 = Strongly Agree, 4 = Agree, 3 = Neither Agree Nor Disagree, 2 = Disagree, 1 = Strongly Disagree

\* Scale: 5 = Outstanding, 4 = Above Average, 3 = Average, 2 = Below Average, 1 = Poor

**Length of Day 2: 70% (14 respondents) thought it was "About Right".**





How likely are you to recommend **EACH session** to a friend or colleague? [Not at all likely (0) to extremely likely (10)] (NET PROMOTER SCORE/NPS):

Session	Detractors (%) (0 to 6)	Passives (%) (7 & 8)	Promoters (%) (9 & 10)	NPS*
1. 4 Essential Roles of Leadership	10	10	80	70
2. Wild Herbs and Plants Bermuda	0	10	89	89

Detractors: Unhappy participants who can impede learning. (Scores 0 to 6)

Passives: Satisfied but unenthusiastic who are valuable to competitive work sessions. (Scores 7 & 8)

Promoters: Loyal enthusiasts who will use materials and refer activity/session to others. (Scores 9 & 10)

\*NPS is calculated by taking the difference between the Promoter and the Detractor.

### The best aspect(s) of Day 2 was (open-ended verbatim responses):

- Both presentations exceeded my expectations.
- Great presenters.
- Leadership workshop.
- Both presentation were relevant from a professional role (leadership) and a personal role (self-care and health & wellness)
- Participant Involvement.
- Wild Herbs and Plants- brought back memories.
- I enjoyed all things.
- Interaction with other participants and activities.
- Wild Herbs taster.
- I loved the team building exercises. The use of the different color BerDIN shirts made me feel a part of a united cause within the drug Intel network.

### Day 2 could be improved by (open-ended verbatim responses):

- Nothing. Everything was done well.
- Thank you for providing vegetarian options in the menu.

### Other comments or suggestions (open-ended verbatim responses):

- Thanks so much!
- Always an outstanding 2 days. Excellent!
- Well Done DNDC team for a successful BerDIN meeting!
- Catering was excellent!
- I can't wait to attend next year's event. Great work ladies!





## BERDIN'S MISSION

*The BerDIN is committed to providing the evidence that allows for discussions and decisions to be informed by sound, centrally available, local data, on a wide range of issues that increase understanding of the complex, dynamic; and evolving nature of the Island's drug problem.*