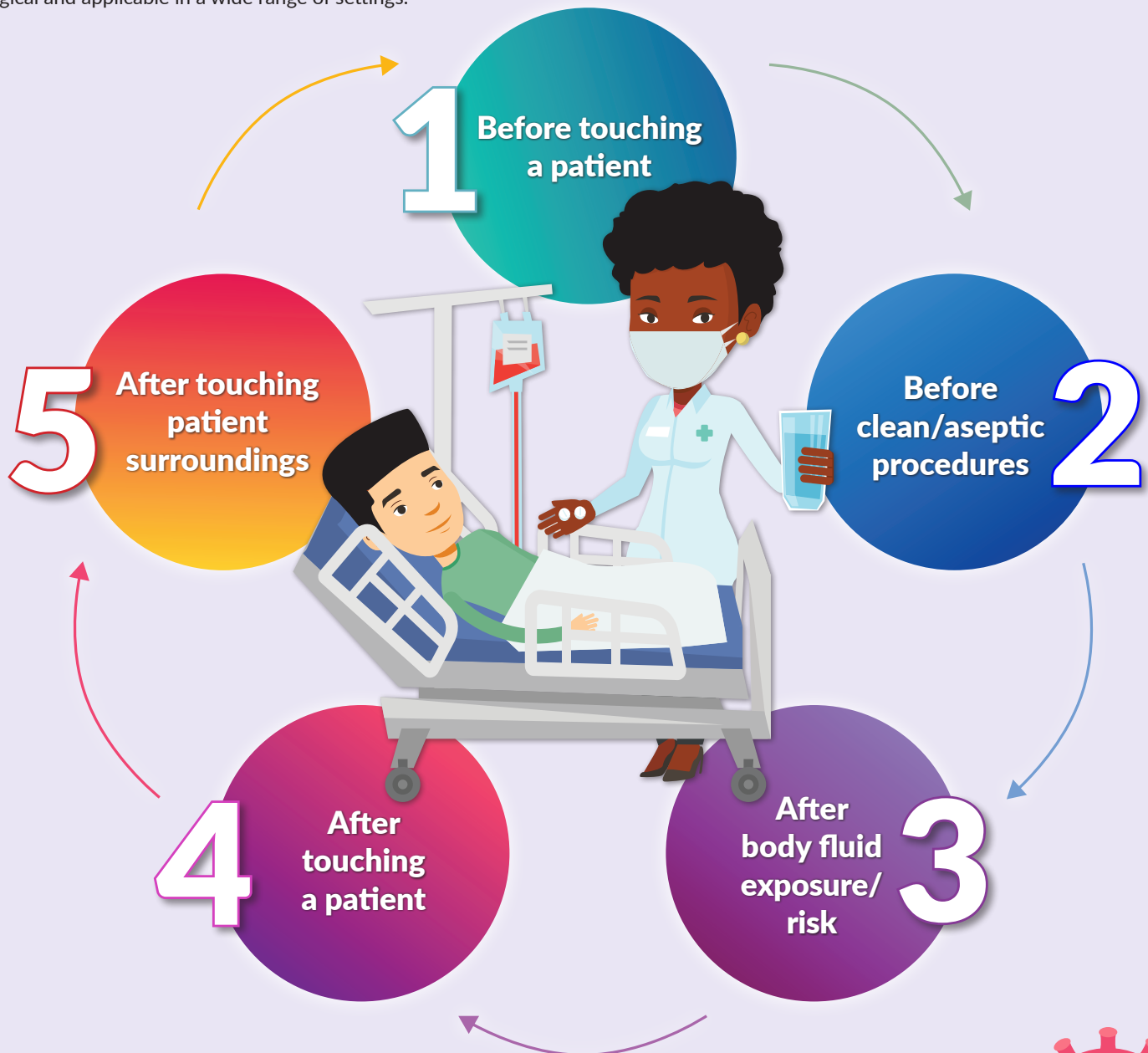


# COVID-19 (Coronavirus)

## My 5 Moments for Hand Hygiene

The World Health Organization's (WHO) "My 5 Moments for Hand Hygiene" approach defines the key moments when health-care workers should perform hand hygiene. This evidence-based, field-tested, user-centred approach is designed to be easy to learn, logical and applicable in a wide range of settings.

This approach recommends health-care workers to clean their hands 1. before touching a patient 2. before clean/aseptic procedures 3. after body fluid exposure/risk 4. after touching a patient and 5. after touching patient surroundings.



Stay informed on the latest developments about COVID-19 by visiting the Government of Bermuda's website [coronavirus.gov.bm](https://coronavirus.gov.bm)

