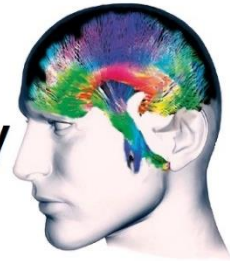


The Dementia Training Company

Learning together to improve the lives of people with dementia.



TUESDAY NOVEMBER 20TH

Location: TBA but will be in Hamilton

\$30 per person

RSVP to alzbermuda@yahoo.com

Suggested programme for Caregiver/Care Home Personnel Training Session.

- 9.00 Welcome and Introductions**
- 9.15 Group Exercise: Effective communication with an individual with dementia: person centred approaches. We'll facilitate a discussion on the most effective communication approaches... & hand out our 'Top 10 Tips'.**
- 9.45 Presentation & Discussion: unpicking what we mean by 'challenging behaviour' and exploring practical strategies to help reduce behaviours viewed as 'challenging' in the context of dementia care. We'll highlight the importance of remembering that all behaviour has meaning and that the person living with dementia is clearly trying to communicate something through their behaviour... We're then thinking of sharing a range of (appropriate) international ideas on how to support people living with dementia who may be displaying behaviours that are viewed as challenging.**
- 10.15 Break**
- 10.30 Presentation: Applying person-centred approaches to reduce behaviours viewed as 'challenging'. We'll be sharing leading examples of approaches & interventions – both pharmacological and non-pharmacological.... Exploring the pros & cons!**
- 11.00 Video presentation and discussion: How to prevent frustrations slipping into abuse. We'll share information on how, with the right support and by employing the right strategies that work for you and the person with dementia, situations that could become abusive can be avoided. However, we will also share how abuse can and sadly does occur. We'll show some short – but shocking examples of abuse around the world (US, UK & Singapore). We'll discuss how our practice can become abusive. We'll share the Government of Bermuda's Aging and Disability Services document: Senior Abuse General Policies and Procedures. (19/04/2017). With the guidelines as to what the process should be if we suspect that abuse is happening.**
- 11.45 Group reflection: Who can we turn to for support and guidance? We'll discuss the need to talk & will share some international support groups & will signpost delegates to Action on Alzheimer's and Dementia, Family Carer groups **ETC....****
- 12.00 Close**