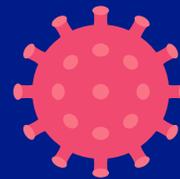# COVID-19
(Coronavirus)

Updated Guidance for Hotels, Guest Houses and Airbnb operators in Bermuda

From March 17, 2020, all travelers to Bermuda must be quarantined for 14 days. Visitors are not required to stay in Bermuda and may leave the country at any time, as long as they don't have symptoms. Being under quarantine does not mean the person has COVID-19.

Please read the information below for more information.

What does quarantine mean?

Quarantine/self-quarantine is used to prevent the possible spread of a communicable disease. Quarantine and self-quarantine mean that a person with no symptoms must stay in their home or accommodation and keep one metre (three feet) away from others.

Everyone entering Bermuda from any country with local transmission of COVID-19 must be quarantined for 14 days after potential exposure. Guests must self-quarantine in their accommodation.

Quarantine is different from isolation, with isolation indicating elevated risk.

Individuals are isolated when they have symptoms, including fever and cough. Isolated people *must* stay at home (or in hospital, if critically ill) and can have limited contact with others.

Even if a person has a fever and cough, this does not mean they have COVID-19. Everyone entering Bermuda from countries with local transmission of COVID-19 and symptoms of respiratory illness (fever, cough, difficulty breathing) are required to be isolated while they have symptoms.

To clarify, when a person is quarantined, they don't have symptoms, but are separated from others. When a person is isolated, they have symptoms and are kept away from others. Both of these measures are used to prevent the spread of an infectious disease.

What should guests avoid while quarantined?*

If a guest is quarantined, they may not leave their room. **This means they must NOT**:

- Go to the bar or restaurant
- Be in communal areas
- Enter swimming pools
- Wander the halls
- Go to the spa
- Go to the beach
- Work out at the gym
- Go to the laundry

not a full list, but examples of typical areas at hotels which guests must avoid

What can guests do while quarantined?

Depending on the nature of their work, guests can work from their room. They can be in contact with their office and colleagues by phone, email, video conferencing and other online channels.

Guests may communicate with family and friends by phone, email, through social media and other online methods.

If their room has a balcony, they can sit outside if there are no other people in the immediate area. They must be one metre (three feet) from others.

### How can I, as a hotel operator, assist guests under quarantine?

If a guest needs support, such as necessary items and supplies to be bought, where possible, the hotel can make practical arrangements or direct them how to acquire the items online or by phone. Purchases should

Stay informed on the latest developments about COVID-19 by visiting the Government of Bermuda's website **https://www.gov.bm/coronavirus**

GOVERNMENT OF BERMUDA
Ministry of Health
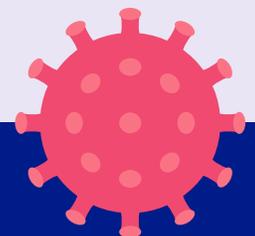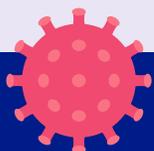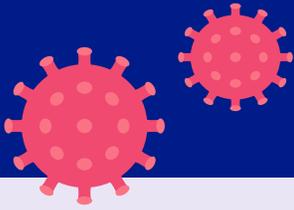
COVID-19
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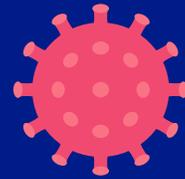
be left outside the guest's room and the guest notified the item is outside their door. Staff should not touch the guest and must stay one metre (three feet) away.

When room service is ordered, the tray should be left outside the door and the guest notified.

If someone has to enter the room for any reason, social distancing should be used. This means remaining one metre (three feet) from the guest.

What should quarantined guests do?

An assigned public health officer will be in touch with the guest by phone or email to check for symptoms.

The guest must take and record their body temperature twice a day—morning and evening.

The guest should be prepared to report their daily temperatures and all symptoms to the assigned public health officer.

Where can I go for more information?
www.gov.bm/coronavirus

1

CLEANSE HANDS
Frequently cleanse hands with soap and water or an alcohol-based hand sanitizer.

2

COVER NOSE AND MOUTH
When coughing or sneezing cover your nose and mouth.

3

AVOID CLOSE CONTACT
Avoid close contact with people who are sick.

4

AVOID TRAVEL
If you have a fever, cough or flu-like symptoms, avoid travel.

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