





# MINISTRY OF HEALTH ROADMAP





9 HEALTH

LIFESTYLE

#### **CONTACT US**

We'd love to hear from you! If you have any query or concern, reach out for a helping hand.

#### **ONLINE:**

www.gov.bm/ministry/health-and-seniors

**PHONE: 278-4900** 

IN PERSON: Ministry Headquarters, Continental Building, 25 Church Street, Hamilton HM 11 (corner of Cedar Avenue and Church Street)

For specific departments or programmes call first or visit www.gov.bm/ministry/health-and-seniors

#### **SOCIAL MEDIA:**

Facebook: @healthbermuda Twitter: @HealthBermuda Instagram: health\_bermuda

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#### **EMAIL:**

**Ministry Headquarters** moh@gov.bm

Ageing and Disability Services ads@gov.bm

#### Department of Health

- Child Health childhealth@gov.bm
- Dental Health dentalclinics2@gov.bm
- Environmental Health envhealth@gov.bm
- Nutrition nutrition@gov.bm

Health Insurance Department hip@gov.bm

# Office of the Chief Medical Officer officeofcmo@gov.bm

• Epidemiology & Surveillance epidemiology@gov.bm

# **About Us**

The Ministry of Health is the leader of the island's health system. Our job is to protect and promote Bermuda's health, and to improve the quality, access and sustainability of healthcare services.

#### **OUR VISION IS SIMPLE:**

Healthy People in Healthy Communities

**OUR MISSION:** Bermuda's health system shall assure the conditions to enable the human capacity to adapt and cope in achieving optimal health and quality of life.

**IN SHORT:** we want everyone to have good health and quality of life.

#### **OUR CORE VALUES ARE:**

- Quality
- · Sustainability
- Accountability
- Protection of the most vulnerable
- Collaboration

The Ministry is made up of 5 areas or departments and 2 Government

**Quangos** (Quasi-Autonomous Non-Governmental Organizations).

The Ministry also appoints **26 Boards and Councils** that regulate health professionals and/or provide advice to the Minister. They can be found at https://www.gov.bm/health-professional-boards-and-council and on page 8.

#### **Departments**



#### **MINISTRY HEADQUARTERS**

Leads policy, health law reforms, and the Ministry Headquarters



#### AGEING AND DISABILITY SERVICES

Regulates rest homes and provides services for seniors and persons with disabilities



#### **DEPARTMENT OF HEALTH**

Provides public health services to protect and promote health



#### **HEALTH INSURANCE DEPARTMENT**

Provides low-cost insurance products and patient subsidies



# OFFICE OF THE CHIEF MEDICAL OFFICER

Regulates health professionals and controls illness outbreaks to protect residents

#### **Quangos**



#### **BERMUDA HOSPITALS BOARD**

Provides hospital and mental health services



#### BERMUDA HEALTH COUNCIL

Regulates health insurance and healthcare services



# **Your Health Matters To Us**

A healthy population is essential for a community to thrive. Without health, children can't learn and grow, and adults can't work or be caregivers. To us, health comes first, and your health truly matters.

#### BERMUDA'S KEY HEALTH STRENGTHS AND CHALLENGES

#### Strengths

# MATERNAL AND CHILD HEALTH maternal deaths, and low infant mortality



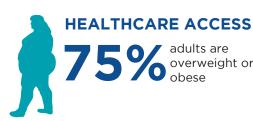
#### LIFE EXPECTANCY

On par with high-income countries





#### Challenges



#### **LONG TERM CARE**

Ageing population and limited care options



# CHRONIC NON-COMMUNICABLE DISEASES

of adults have chronic diseases like diabetes, heart disease and kidney disease





# **OUR JOB**

Promote good health
Prevent illness
Educate to empower
Monitor health and connect to services
Ensure safe services
Ensure everyone has health insurance
Reduce health costs

#### YOUR ROLE

Live a healthy lifestyle
Use health services appropriately
Have health insurance



# **Making A Difference**

Our work is divided into services that are mandated in law, and initiatives to improve our service to you. We use data and your feedback to plan for the future and want to keep you informed every step of the way.

#### **Our Mandated Core Functions**

Various laws set out our main responsibilities to protect the public. These include the **Public Health Act** 1949, the Health Insurance Act 1970, the Residential Care Homes and Nursing Homes Act 1999, as well as many other regulations and acts.

The Ministry, through its departments and quangos, delivers services to every resident in Bermuda.

The following pages highlight some core services in 2016 - 2017.



#### **Ministry Headquarters**

Leads policy and health law reforms, issues grants and scholarships, and runs Ministry operations.



\$5.9 million investmen



Manages the Minister's office





Grants \$4.85 million



for students in public health price

for students in public health priority areas

# **Updates laws**

such as the
Care Home
Act, the
Pharmacy Act,
and the Health
Insurance Act

Stewardship via Bermuda Health Reform Strategy 2014-19





### **Ageing and Disability Services**

Regulates rest homes, provides case management for seniors, handles senior abuse complaints and provides programmes for persons with disabilities.



persons with disabilities

Case manages more than

cases annually

Registers and inspects

residential care and nursing homes



Registers -

Home Care Agencies



Completed accessibility assessments, consultations and inspections

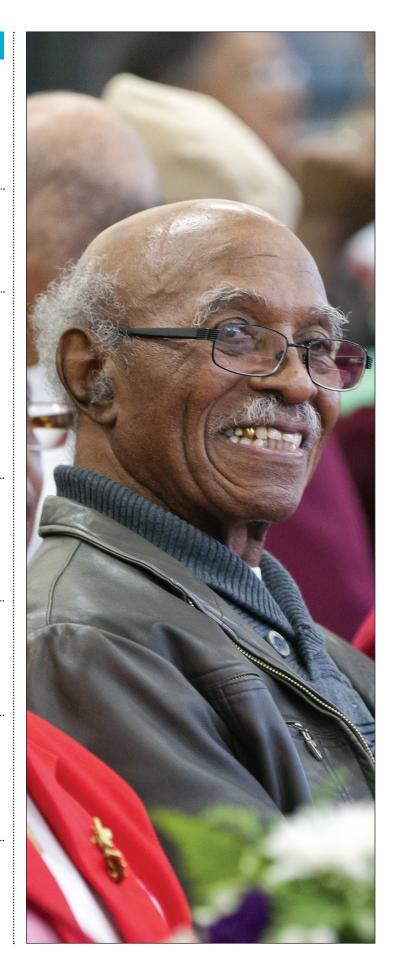


Investigated • abuse cases and maintains Senior Abuse Register

## **K Margaret Carter Centre:**

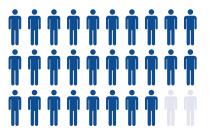
A team of 15 provides job training and enrichment programmes for 53 adults with disabilities.

Investment of \$1.9 million



#### **Department of Health**

Provides public health services to protect and promote physical, psychological and social health; and provides long term care services to seniors.



Team of **281** (175 in public health and 106 in long term care)



annual investment in health centres, school and home-based programmes, and vector control

annual investment in long term care facilities



of new mothers contacted by a health visitor within 72 hours of leaving hospital





**8,600** tests performed for communicable and noncommunicable diseases

clients were provided speech, language therapy services



seniors, children and prisoners provided dental care

service calls answered for mosquito and rodent control





completed for employers and





samples analysed

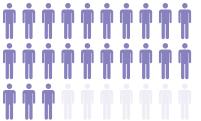
taking part in healthy schools programme



Seniors cared for in two residential care facilities: Sylvia Richardson and Lefroy House Care Community

#### **Health Insurance Department**

Provides low-cost health insurance coverage and patient subsidies for our community.



Team of 23





Investment of to subsidize HIP and FutureCare premiums

Provides health insurance

HIP policy



Paid 73,000 HIP claims. costing **\$29.9** million or **\$9,442** per policy holder

Paid 232,000

**FutureCare** claims, costing \$28.6 million or \$6,618 per policy holder



for 230,520 subsidy claims for hospital care of 34,200 children, seniors and indigent.



Pays straightforward claims in 14 days, on average with

#### Office of the Chief Medical Officer

Regulates health professionals, controls illness outbreaks, monitors diseases and health trends, and grants permits for controlled drugs, burials and customs exemptions.





Registers professionals and handles complaints against doctors and midwives





Reports causes of death (450 a year approximately)





Investigated 4 major disease outbreaks, contact-tracing 180 persons



personal medication, burial and customs letters

#### **Government Quangos and Boards**

In addition, the Ministry ensures essential services are delivered through two Government Quangos (Quasi-Autonomous Non-Governmental Organizations).

#### **Bermuda Hospitals Board**

Provides hospital and community-based services.



Approximately \$325 million revenue with surplus invested in 24/7 care and national disaster responses



Handles **36,000** emergency and urgent care visits per year

Performs 67,000
diagnostic imaging tests per year
(most ordered by private doctors)

Provides
3,200
chemotherapy
treatments per
year

Cares for 177 dialysis patients

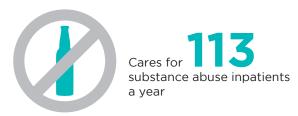


Performs over 8,000
surgeries per year

Cares for 103 hospice patients per year and 60 Continuing Care residents

Sees over
700
mental health
service clients in
outpatient clinic, and
12,200
walk-in
appointments a year

Cares for 207 mental health acute care inpatients a year



Secures 2,000 blood donations per year

#### Bermuda Health Council

Oversees health services and health insurance to provide residents with quality, effective and safe care.





Restored health insurance coverage for employees in 2016

Conducted inspections for employer compliance with insurance obligations



Monitors health expenditure, overseeing flattening of total spending since 2011



Registered 255 health facilities



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Addresses over queries and consultations annually

#### **BOARDS AND COMMITTEES**

There are 26 professional boards, councils and advisory bodies

- Advisory Council for Safety and Health
- 2. Bermuda Dental Board
- 3. Bermuda Medical Council
- 4. Bermuda Nursing Council
- 5. Bermuda Psychologists Registration Council
- 6. Board of Addiction Counsellors
- 7. Board of Chiropodists
- 8. Board of Diagnostic Imaging **Technologists**
- 9. Board of Dietitians
- 10. Board of Emergency Medical Technicians
- 11. Board of Medical Laboratory **Technologists**
- 12. Board of Occupational Therapists
- 13. Board of Physiotherapists
- 14. Board of Speech and Language **Pathologists**
- 15. Council for Allied Health Professions
- 16. Court Commissioners
- 17. Dental Professions Complaints Committee
- 18. Disability Advisory Council (Formerly National Accessibility Advisory Council)
- 19. Health Insurance Committee
- 20. Medical Practitioners Professional Conduct Committee
- 21. Mental Health Review Tribunal
- 22. Nursing Professions Complaints Committee
- 23. Optometrists and Opticians Council
- 24. Optometrists and Opticians Complaints Committee
- 25. Pharmacy Council
- 26. Pharmacy Professions Complaints Committee

# Value Added Initiatives

We always strive to improve our services. Strategic and action plans set out a raft of initiatives that are underway to improve Bermuda's health. These show the improvements we are focusing on in our leadership of Bermuda's health system. See Annex 1 for the full mapping.

#### Bermuda Health Strategy 2014 - 2019

Sets out 11 goals to improve the quality, access and sustainability of the health system. The goals include achieving universal health coverage and reforming health system financing. Action plans detail initiatives underway to achieve goals. (see annex)



# **Queries, Complaints, Feedback**

"Where do I go if I have a question or complaint about the service I received?"

Visit our website for a one-stop-shop directing you to exactly the person who can help address your concern.





#### PAHO Biennial Work Plan 2016 - 2018

Bermuda's agreement with the Pan American Health Organization (PAHO) on 16 strategic health system initiatives to improve population health. Key initiatives include (see Annex 1 for full listing):



- Health workforce planning
- Reducing nutritional risk factors
- Chronic non-communicable disease prevention and management
- International Health Regulation competencies

#### **Throne Speech Commitments**

Government's promises and new initiatives to improve healthcare include (see Annex 1 for full listing):

- Modernize Residential Care Homes and Nursing Homes Act
- Sugar tax consultation
- Coordinate plan to halt the rise in obesity and diabetes

#### Consultation

The Ministry of Health is committed to consulting with stakeholders and the public on major policy initiatives to ensure the best possible outcomes can be developed.

Keep up with our consultations on www.gov.bm/health-public-consultations



# **Coming Soon**

There's lots up our sleeve! Here's a preview of projects in the pipeline, coming to you soon.

#### **Education, Education**



We spend a lot of our time on public education to promote health and provide information. But we're going to get better at ensuring the information reaches you where you need it.

#### **Health Trends and Data**

We can't plan for the future if we don't know where we stand. We are committed to publishing more data to drive change. This year we published the Health in Review report comparing Bermuda to countries of the Organization for Economic Co-Operation and Development, and the Caribbean.

# Modernize public health services

Public health is everything a community does to make sure its people are healthy. But our services were designed in the 1940s and haven't changed much since. We're re-examining what's needed based on data trends, service provision and future projections.

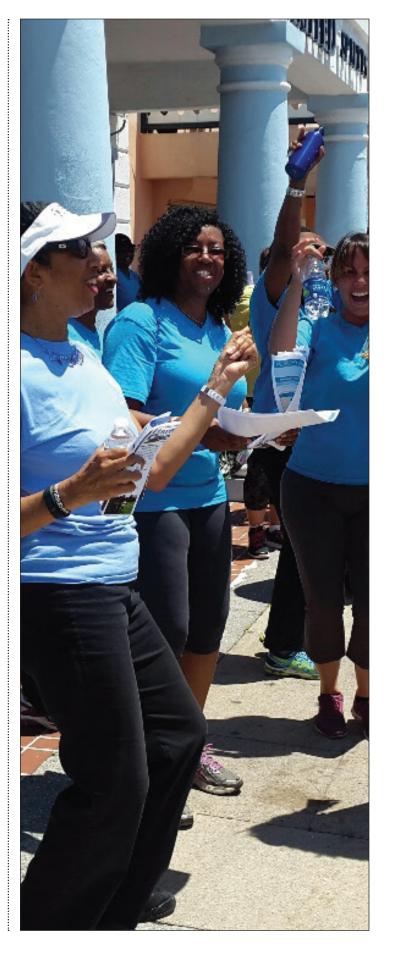
#### **Online Information**

Our web pages are being updated to bring you more of what you want to know about the health of Bermuda. We want to be your number one source of information about the country's health. Have a suggestion? Drop us a line at mohs@gov.bm



#### **WALKING THE WALK**

We talk the talk and we walk the walk. To achieve the Ministry's purpose, we need a strong, caring and healthy team. We are committed to supporting our team through these challenging economic times through appropriate and safe staffing levels, good performance management (appraisals and forward job plans), accountability, employee recognition and work-life balance.



# **ANNEX: Mapping of Ministry Initiatives 2014 to 2019**

In addition to its mandated, legislated functions, the Ministry of Health has many initiatives and projects to reform in order to improve the quality and sustainability of our health system. These are detailed in separate strategies and action plans. This Annex summarizes and maps out the primary objectives in the following:

- Bermuda Health Strategy 2014 to 2019 (BHS): Strategy to reform the health system
- Bermuda Health Action Plan 2014 2019 (BHAP): Action plan of key initiatives under the Health Strategy
- Throne speech items 2017: Government commitments to improvements in healthcare
- Pan American Health Organization Biennial Work Plan (PAHO BWP): Bermuda's commitment to regional priorities

KEY:

**ADS:** Ageing and Disability

Services

**BHB:** Bermuda Hospitals

Board

**BHeC:** Bermuda Health Council

**DAC:** Disability Advisory

Council

**HID:** Health Insurance

Department

**MOH:** Ministry of Health

Note: Shaded items are

related objectives

BHS 2014-2019	BHAP 2014-2019	Throne Speech 2017	PAHO BWP 2016-2018
Access to basic health insurance coverage shall be assured for all residents of Bermuda to ensure access to essential healthcare and protection from financial risk	16. Develop health financing reform model toward increasing national capacity for achieving coverage for all residents and increased access to mental health and primary care (BHeC)		4.1: Increased national capacity for achieving universal health coverage
2. Encourage and expand the use of outpatient facilities and preventive care to allow the hospital to focus on acute care	15. Introduce HIP and FutureCare benefits to promote wellness, encourage self- management of health, enable ageing in place, better manage chronic disease and direct care to cost-effective settings (HID)		3.1: Increased access to interventions to improve the health of women, new-borns, children, adolescents, and adults
3. Health coverage contributions shall be affordable, to ensure access to healthcare	Tied to BHAP objective 16		
4. Streamline use of overseas care to efficiently meet the medical needs of the population and contain healthcare costs	14. Increase access to cost effective, high quality, specialty medical care via clinical affiliation agreements with local and overseas providers (BHB)	Provide coverage for the subscribers of the Government's Health Insurance Plan (HIP) and Future Care patients to allow them to utilise local life-saving radiation treatments	

BHS 2014-2019	BHAP 2014-2019	Throne Speech 2017	PAHO BWP 2016-2018
5. Mechanisms to pay healthcare providers shall assure optimal quality to patients and maximum efficiency to the health system to contain costs and improve health outcomes	6. Develop post-acute care programme to provide rehabilitative and long-term care in a more appropriate and cost-effective setting (HID)	Launch a comprehensive review of healthcare costs in Bermuda and will seek to extract savings throughout the entire healthcare system	
6. An integrated <b>electronic health system</b> shall be established throughout the health sector to improve quality of care and efficiency of the health system	20. Identify essential data elements in population health information system and implement unique patient identifier (BHeC)		4.4: All countries have functioning health information and health research systems
7. Implement strategies to meet the <b>long-term healthcare</b> needs of seniors and persons with chronic illnesses, and physical, cognitive or mental disabilities to better provide for the needs of vulnerable populations and manage costs	4. Increase number of available beds in the community and identify ways to decrease the cost of care without compromising quality (BHB)  5. Enable the capacity in the community to deliver interventions for older adults to maintain an independent life (ADS)	Institute a regime that protects seniors and others in care homes by amending the Residential Care Homes and Nursing Homes Act 1999 to provide standards, sanctions and regulations that protect and respect our care home residents  Produce a Green Paper on the future of transport in Bermuda that will provide various options for modernisation, which also takes into account the needs of the differently-abled	2.4: Increased access to social and health services for people with disabilities, including prevention  3.2: Increased access to interventions for older adults to maintain an independent life  2.2: Increased service coverage for mental health and psychoactive substance use disorders
8. Regulate <b>standards of clinical care</b> for all healthcare facilities and providers that are equivalent to best practice models	17. Improve consistency in appropriate evidence-based screening, testing and treatment across the system to increase focus on neglected areas and reduce medically unnecessary interventions (BHeC)		
9. Bermuda's health system shall be financed through the most cost-effective means available to reduce complexity and duplication and improve efficiency	16. Develop health financing reform model toward increasing national capacity for achieving coverage for all residents and increased access to mental health and primary care (BHeC)		

BHS 2014-2019	BHAP 2014-2019	Throne Speech 2017	PAHO BWP 2016-2018
10. Update health and <b>insurance regulation</b> to reflect current technologies and pricing and utilization of services	18. Identify and regulate "outliers", health service providers whose diagnostic ordering patterns are significantly beyond the norm (BHeC)		4.3: Improved access to and rational use of safe, effective, and quality medicines, medical products, and health technologies
11. Implement a comprehensive approach to health promotion which encourages healthy lifestyles and involves health professionals and organizations to ensure the Well Bermuda population goals can be achieved	3. Halt the rise in obesity and diabetes in Bermuda with rates in adults no higher than 34.4% and 12.2% respectively (DOH)  8. Focus on reducing NCD risk factors (obesity, overweight, blood pressure, alcohol, tobacco, cardiovascular disease, asthma, COPD)(DOH/OCMO)	Engage all sectors of society in a coordinated, strategic plan to halt the rise in obesity and diabetes in Bermuda  Begin a consultation for the introduction of a Sugar Tax on the sale of certain foods and beverages in Bermuda  Install fitness equipment in Bermuda's public parks	2.5: Nutritional risk factors reduced
	10. Reduce risk factors associated with violence and injuries with a focus on road safety, preventing child injuries, and violence against children, women, and youth (DOH)		2.3: Reduced risk factors associated with violence and injuries with a focus on road safety, child injuries, and violence against children, women and youth
12. Partner with physicians and the broader healthcare community to achieve health reform goals and improve the coordination of healthcare delivery to ensure the best outcomes possible for patients and efficient use of healthcare resources	11. Develop guidance document for medical workforce planning that would meet the future health needs of the population (OCMO)  12. Develop policies and procedures for complaints handling and registration requirements for statutory professional bodies (Medical Council and Dental Board) (OCMO)		4.5: Adequate availability of a competent, culturally appropriate, well regulated, well distributed, and fairly treated health workforce

BHRS 2014-2019	BHAP 2014-2019	Throne Speech 2017	PAHO BWP 2016-2018
13. Increase the access to interventions to prevent and manage non-communicable diseases and their risk factors, in order to reduce the burden of chronic non-communicable diseases to Bermuda	1. Develop chronic disease register (priority - diabetes, hypertension, chronic kidney disease, heart disease, and cancer (OCMO)		
	Decrease acuity of illnesses related to diabetes via education and appropriate clinical services (BHB)		
	7. Develop enhance care pilot to better manage chronic non-communicable diseases with a focus on reducing risk factors and realignment of reimbursement structure to provide incentives to providers for managed care delivery (HID)		2.1 Increased access to interventions to prevent and manage noncommunicable diseases and their risks factors
	9. Facilitate monitoring of early identification and management of chronic kidney disease to prevent progression to endstage disease requiring dialysis (BHeC/OCMO)		
14. Protect Government healthcare subsidies and redirect funding to vulnerable populations to ensure available Government funds are dedicated to the populations with genuine financial need and/or in need of special societal protections			

BHRS 2014-2019	BHAP 2014-2019	Throne Speech 2017	PAHO BWP 2016-2018
Not in Bermuda Health Strategy. Initiatives on International health regulation and emergency preparedness			5.1: All countries have the minimum core capacities required by the International Health Regulations (2005) for all-hazard alert and response  5.2: All countries are able to build resilience and adequate preparedness to mount a rapid, predictable, and effective response to major epidemics and pandemics
Not in Bermuda Health Strategy. Initiatives on communicable diseases and other projects			1.1: Increased access to key interventions for HIV and STI prevention and treatment  1.5: Increased vaccination coverage for hard-to-reach populations and communities and maintenance of control, eradication, and elimination of vaccine-preventable diseases  5.4: All countries have the capacity to mitigate risks to food safety and respond to outbreaks