COVID-19
(Coronavirus)

PHASE 4

Ministry of Health's Travel Advice for Residents

To limit the spread of COVID-19, the Ministry of Health advises that Bermuda residents should avoid all non-essential overseas travel until further notice.

Many countries have put in place travel or border restrictions, and new restrictions may be imposed with little warning. Travel plans may be severely disrupted and you may be forced to remain outside of Bermuda longer than expected and a likelihood of incurring additional expense.

If you are thinking about travelling off of the Island during the COVID-19 pandemic, you should consider the following:

1. Check to see if the area you are travelling to is a COVID-19 hotspot. Check all local health departments for this information.
2. Anticipate a greater risk of exposure if travelling by public means (bus, train, or airplane); take enhanced measures to protect yourself – wear a mask, wash your hands and use hand sanitizer often; maintain a physical distance of 6ft (2metres).
3. Explore with your employer any quarantine restrictions that you will be required to adhere to in your workplace upon you return? How will the leave be covered?
4. Ensure that you have sufficient finances and necessities, including medication, in case your travels are disrupted.
5. Understand the risk of your safety and security abroad.
6. Make sure you are up to date on measles, mumps, and seasonal flu vaccinations.
7. Ensure you pack extra alcohol-based hand sanitizers; pack non-perishable foods, or plan to order curbside or drive through take out; and be prepared to clean and disinfect your travel lodgings,

If you must travel during the COVID-19 pandemic:

During you trip you must:

- Avoid large crowds or crowded areas
- Avoid contact with sick people, especially those with cough, fever or difficulty breathing
- Be aware of the local COVID-19 situation.
- Wash your hands frequently with soap and water or use hand sanitizer
- Wear a mask in all public settings

Upon return to Bermuda, you must comply with all testing and quarantine requirements. You will find the latest information here: https://www.gov.bm/coronavirus-travellers

Stay informed on the latest developments about COVID-19 by visiting the Government of Bermuda's website coronavirus.gov.bm

GOVERNMENT OF BERMUDA
Ministry of Health